

Washington County School District

Recipe: 001317 MIXED BERRY SMOOTHIE: SEC
 Recipe Source:
 Recipe Group: BREAKFAST

Recipe HACCP Process: #2 Same Day Service

Alternate Recipe Name: MIXED BERRY SMOOTHIE

Number of Portions: 122
 Size of Portion: SERVING: 10oz

903320 MIXED BERRY SMOOTHIE: CORNABYS....	1 CASE/4/8LB	CUT FROZEN BERRY SMOOTHIE INTO 6 CHUNKS
902233 1% LOW FAT MILK.....	4 GALLON	PUT CHUNKS IN HOBART MIXER.
900642 YOGURT, VANILLA: UPSTATE FARMS.....	4 TUB	ADD 1 GALLON OF MILK AND 1 TUB OF YOGURT. TURN MIXER ON LOW AND SLOWLY BLEND THOROUGHLY. POUR INTO CUPS SERVE

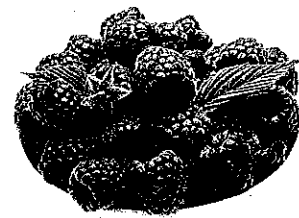
*Nutrients are based upon 1 Portion Size (SERVING: 10oz)

Calories	259 kcal	Cholesterol	5.25 mg	Sugars	*32.87* g	Calcium	354.10 mg	4.55%	Calories from Total Fat
Total Fat	1.31 g	Sodium	117.38 mg	Protein	7.56 g	Iron	0.00 mg	2.73%	Calories from Saturated Fat
Saturated Fat	0.79 g	Carbohydrates	54.58 g	Vitamin A	395.19 IU	Water*	0.00 g	0.00%	Calories from Trans Fat
Trans Fat*	0.00 g	Dietary Fiber	5.60 g	Vitamin C	1.65 mg	Ash*	0.00 g	84.16%	Calories from Carbohydrates
								11.66%	Calories from Protein

N/A denotes a nutrient that is either missing or incomplete for an individual ingredient.
 * denotes combined nutrient totals with either missing or incomplete nutrient data.
 * denotes optional nutrient values.
 * Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Miscellaneous	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt.....	2.000 oz			? - Milk
Grain.....	oz			? - Egg
Fruit.....	0.500 cup			? - Peanut
Vegetable.....	cup			? - Tree Nut
Milk.....	0.500 cup			? - Fish
Moisture & Fat Change				? - Shellfish
Moisture Change.....	0%			? - Soy
Fat Change.....	0%			? - Wheat
Type of Fat.....				

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



421 S 200 E Spanish Fork, Utah 84660 ★ (801) 864-9151 ★ sales@cornabys.com

Mixed Berry Smoothie Mix Spec Sheet & CN Formulation Statement

Description of Credible Ingredient per (FBG)	Ounces per Raw Portion of Credible Ingredient	Multiply	FBG Yield/Serving Per Unit	Credible Amount (quarter cups)
White Grape Juice Concentrate (65 Brix)	0.42	x	$\frac{34.16}{16}$ 2.135	0.8967
Raspberry Puree				0.56
Strawberry Puree				0.27
Blackberry Puree				0.16
Blueberry Puree				0.11
Total Creditable Fruit Amount in quarter cups				2

* FBG calculations for fruits are in quarter cups. See chart below for quarter cup to cup conversions.
Fruit purees credit on volume served.

* At least 1/8 cup of recognizable fruit is required to contribute towards the fruit component.
Cornaby's LLC fruit is in puree form except for juice concentrate.

Product Name: Raspberry Smoothie Mix
Product Code: 762907900028
Serving Size: 3 oz

Certification Statement: I certify the above information is true and correct and that one, 3 oz serving of the above product contains 2 quarter cups of creditable fruit.

Signature: _____

Title: Vice President of Sales & Marketing

Printed Name: Timothy Stocks Date: 6/11/2014

Phone Number: (801) 864-9151

Ingredients: mixed berries (raspberries, strawberries, blackberries, blueberries), white grape juice concentrate, sugar, Less than 1% corn starch, citric acid, xanthan gum.

Instructions: Combine one bag of smoothie mix and 2 2/3 gallon milk in blender or stand mixer. Mix until smooth. Each smoothie contains 3 oz of mix and 8 oz milk. **Yield: 45-11 oz Smoothies**

Shelf Life: One year at zero degrees or less. Keep product frozen until ready to use.

Product of USA

Count: 4 pouches per case
Item weight: 8 lbs.
Case Weight: 32 lbs.
Case size: L12 W9 H7
Ti/Hi/Pallet: 16/4

Nutrition Facts

Serving Size: 3 oz
Servings Per Container: 43

Amount Per Serving

Calories 102

% Daily Values*

Total Fat 0g 0%

Sodium 0mg 0%

Total Carbohydrates 25g 4%

Dietary Fiber 4g 0%

Sugars 19g

Protein 1g 0%

*Percent Daily Values are based on a 2,000 calorie diet.



Upstate Farms Cooperative Inc**

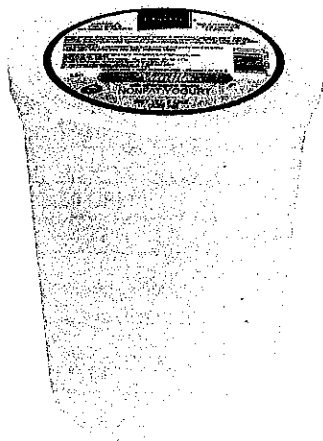
00469886 - Yogurt, Vanilla

Contains Live and Active Cultures. Excellent Source of Protein and Calcium. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. 4oz. serving = one Meat Alternate.



NICHOLAS

AND COMPANY



Nutrition Facts

Serving Size: 170 Grams

Number of Servings per 52

Amount Per Serving

Calories: 130

Calories from Fat: 0 D70

% Daily Value*

Total Fat 0	0%
Saturated Fat 0 GRM	0%
Trans Fat 0 GRM	
Cholesterol 5	1%
Sodium 80 MGM	3%
Total Carbohydrate 28 GRM	10%
Dietary Fiber 1 GRM	4%
Sugars 22	%
Protein 5	%

Vitamin A	Per Srv	Vitamin C	Per Srv
	0%		0%
Calcium	35%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			
Calories per gram			
Fat	Carbohydrate		Protein

Benefits

Ingredients

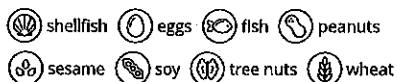
Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Whey, Tricalcium Phosphate, Gellan Gum, Potassium Sorbate (for freshness), Natural Flavors, Citric Acid, Vitamin D3

Allergens

Contains:



Free From:



Handling Suggestions

Serving Suggestions

Ready to eat as is or delicious when mixed with fruit or granola. Our Upstate Farms Dispensing System makes parfait building easy by dispensing 1 oz. portions per pump.

Prep & Cooking Suggestions

Keep refrigerated until ready to serve.

Product Specifications

Brand	Manufacturer	Product Category
UPSTATE	Upstate Farms Cooperative Inc**	Yogurt

MFG #	SPC #	GTIN	Pack	Pack Desc.
11323	00469886	10078800113234		4/5 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21 lb	20 lb	840		

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.25 in	12.25	8.25	0.72 Cubic foot	12x6	75	34°F / 40°F