

Washington County School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/01/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN CARNITA BURRITO	3oz SERVING	1	20.25
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
CREAMIES JR.	CREAMIE	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			116.21
% of Calories			49.3%
Nutrient Guideline			

Wed - 09/02/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI BEEF NUGGETS	5 NUGGETS	1	7.5
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	3.93
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
WG DINNER ROLL	ROLL	1	17.0
MARGARINE REDDIES: (1)	1 Patty	1	0.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			102.04
% of Calories			47.7%
Nutrient Guideline			

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Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/03/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
GARDEN SALAD	SERVINGS	1	10.22
BREADSTICK, CHEESE WG	SERVING	1	15.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
HOT DOG W/ BUN	1 EACH	1	22.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
RELISH- DILL PICKLE	SERVING	1	0.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			85.28
% of Calories			47.6%
Nutrient Guideline			

Fri - 09/04/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
WILD MIKE'S PEPPERONI CHEESY B	SERVINGS	1	34.0
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
PUDDING,CHOICE	SERVING	1	20.5
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
HAMBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CHIPS: DORITOS	bag	1	19.62
PICKLE:, CHIPS	1 OZ.	1	1.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			116.13
% of Calories			51.1%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/08/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
BEEF TACO STICK	1 EACH	1	31.87
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			125.80
% of Calories			48.9%
Nutrient Guideline			

Wed - 09/09/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
HAM - COBBLE STREET	SLICE	1	2.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	1.06
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVING	1	9.34
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	1	0.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			105.22
% of Calories			49.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/10/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI CHICKEN	2.4 OZ	1	6.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
BROWNIE CUP, WG	BROWNIE	1	26.5
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
CALZONE, MINI, WG	SERVINGS	1	40.01
MARINARA SAUCE	1/2 CUP	1	11.93
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			117.60
% of Calories			58.7%
Nutrient Guideline			

Fri - 09/11/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
GARLIC TWIST	2 OZ	1	27.29
DINNER SALAD	1 CUP	1	0.33
FROZEN JUICE CUP	1 EACH	1	19.65
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
HAMBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CHIPS: DORITOS	bag	1	19.62
PICKLE:, CHIPS	1 OZ.	1	1.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			127.17
% of Calories			53.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 09/14/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
HAMBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
JELL-O	GEL CUP	1	25.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
PICKLE:, CHIPS	1 OZ.	1	1.0
MUSTARD:, P/C	1 Each	1	0.33
KETCHUP : P/C	PC	1	10.12
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			103.21
% of Calories			48.6%
Nutrient Guideline			

Tue - 09/15/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
SANDWICH, TURKEY HAM AND CHEES	SANDWICH	1	34.26
CRACKERS, CRUNCH & CRAVE	SERVING	1	31.0
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
BAKED BEANS - 1/2	1/2 C SERVING	1	33.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			132.15
% of Calories			51.2%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 09/16/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
WG CHICKEN TENDERS STRIP	3 STRIPS	1	15.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	2.86
CORN 1/2 CUP	1/2 CUP	1	15.0
CRUMB SQUARE-DAVE'S BAKERY	1 EACH	1	47.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			131.87
% of Calories			52.5%
Nutrient Guideline			

Thu - 09/17/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
NEW ORLEANS/MANDARIN CHICKEN E	2.85 oz	1	18.95
VEGETABLE HARVEST RICE PILAF:E	3/4 CUP	1	30.75
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
APPLE FILLED DONUT	SERVINGS	1	33.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
HOT DOG W/ BUN	1 EACH	1	22.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
RELISH- DILL PICKLE	SERVING	1	0.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			115.90
% of Calories			56.5%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 09/18/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
WILD MIKE'S PEPPERONI CHEESY B	SERVINGS	1	34.0
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CHIPS: DORITOS	BAG	1	19.62
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
HAMBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CHIPS: DORITOS	bag	1	19.62
PICKLE:, CHIPS	1 OZ.	1	1.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			115.69
% of Calories			50.5%
Nutrient Guideline			

Mon - 09/21/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN SANDWICH 2020 ELEM	SANDWICH	1	36.05
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
CHOCOLATE CHIP COOKIES	1 EACH	1	18.48
LIGHT MAYONNAISE	POUCH	1	0.0
PICKLE:, CHIPS	1 OZ.	1	1.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
DOMINOS PIZZA	SLICE	1	29.0
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			104.19
% of Calories			50.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/22/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
SOFT FLOUR TACO:SEC	serving	1	23.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	2.86
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CUCUMBER & CARROTS: INTER	3/4 CUP	1	6.75
BUG BITES	BAG	1	21.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			121.81
% of Calories			50.6%
Nutrient Guideline			

Wed - 09/23/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
ROASTED TURKEY: VIP	2.9 OZ	1	1.34
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, TURKEY	1/4 Cup	1	4.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	1	0.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			104.08
% of Calories			50.0%
Nutrient Guideline			

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Washington County School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/24/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
ORANGE CHICKEN	3.6 OZ SERVING	1	19.0
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
COOKIE, COWBOY	1 oz.	1	29.34
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
CALZONE, MINI, WG	SERVINGS	1	40.01
MARINARA SAUCE	1/2 CUP	1	11.93
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			121.76
% of Calories			59.0%
Nutrient Guideline			

Fri - 09/25/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
DINNER SALAD	1 CUP	1	0.33
MAPLE BITES, WG (2)	SERVING	1	26.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
HAMBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
BEANS, BAKED WITH TOMATO PASTE	1/2 C SERVING	1	36.0
CHIPS: DORITOS	bag	1	19.62
PICKLE:, CHIPS	1 OZ.	1	1.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			121.34
% of Calories			52.1%
Nutrient Guideline			

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Washington County School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Mon - 09/28/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
MINI CORN DOG NUGGETS (SEC)	6 EACH	1	30.0
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
SWEET CAKE	SERVING	1	44.83
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
DOMINOS PIZZA	SLICE	1	29.0
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			114.74
% of Calories			53.7%
Nutrient Guideline			

Tue - 09/29/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
ENCHILADA	BURRITO	1	53.68
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
CARROT STICKS 1/2 CUP	1/2 CUP	1	8.42
CREAMIES JR.	CREAMIE	1	14.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN SANDWICH	1 EACH	1	38.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
BAKED BEANS - 1/2	1/2 C SERVING	1	33.0
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
PICKLE:, CHIPS	1 OZ.	1	1.0
LIGHT MAYONNAISE	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			149.43
% of Calories			54.3%
Nutrient Guideline			

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Washington County School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 09/30/2020			
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI BEEF NUGGETS	5 NUGGETS	1	7.5
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	3.93
GREEN BEANS: 1/2 C.	1/2 CUP	1	4.77
WG DINNER ROLL	ROLL	1	17.0
MARGARINE REDDIES: (1)	1 Patty	1	0.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT INT WEEKLY 1st CHOI			
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
SOUP, TOMATO (Campbells)(Sec)	1 Cup	1	16.0
GOLDFISH CRACKERS	SERVING	1	14.0
FRUIT BAR :FALL:ELE	1/2 CUP	1	9.29
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			102.04
% of Calories			47.7%
Nutrient Guideline			

Weighted Average			115.89
			51.6%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	115.89	51.59%						

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