

Washington County School District

Oct 1, 2020 thru Oct 30, 2020

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT
SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 10/01/2020			
SECONDARY BREAKFAST	Total	1	
YOGURT VAN. PEACH PARFAIT	PARFAIT	1	59.39
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
JUICE : VARIETY SUNCUP	BOX	1	16.0
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME	Total	157	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	153	14.0
JELLY: VARIETY PACK	PC	1	9.4
CINNAMON APPLESAUCE CUPS	1 EACH	1	22.0
MIXED FRUIT CUP	PACKAGES	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	63	25.15
JUICE : VARIETY SUNCUP	BOX	138	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	94	20.0
MILK 1% WHITE	CARTON	53	12.0
Weighted Daily Average			54.92
% of Calories			71.5%
Nutrient Guideline			

Fri - 10/02/2020			
SECONDARY BREAKFAST	Total	1	
DONUT:SPRINKLED	DONUT	1	38.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
PEAR CUPS- CUP -DICED	1 CUP	1	16.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME	Total	54	
BREAKFAST CEREAL-ALL	BOWL	54	23.0
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEAR CUPS- CUP -DICED	1 CUP	1	16.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	17	25.15
JUICE : VARIETY SUNCUP	BOX	48	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	45	20.0
MILK 1% WHITE	CARTON	8	12.0
Weighted Daily Average			70.29
% of Calories			79.2%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Mon - 10/05/2020			
SECONDARY BREAKFAST	Total	1	
PANCAKES	BAG	1	39.5
SYRUP	1 EA	1	4.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
CINNAMON APPLSAUCE CUPS	1 EACH	1	22.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
CINNAMON APPLSAUCE CUPS	1 EACH	1	22.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	38	25.15
JUICE : VARIETY SUNCUP	BOX	23	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	15	20.0
MILK 1% WHITE	CARTON	16	12.0
Weighted Daily Average			48.16
% of Calories			83.9%
Nutrient Guideline			

Tue - 10/06/2020			
SECONDARY BREAKFAST	Total	1	
BREAKFAST ON A STICK	1 EACH	1	19.5
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
SYRUP	1 EA	1	4.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
PEACH CUPS -DICED	1 CUP	1	16.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEACH CUPS -DICED	1 CUP	1	16.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	11	25.15
JUICE : VARIETY SUNCUP	BOX	41	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	11	20.0
MILK 1% WHITE	CARTON	20	12.0
Weighted Daily Average			44.22
% of Calories			73.3%
Nutrient Guideline			

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SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 10/07/2020			
SECONDARY BREAKFAST	Total	1	
BREAKFAST TAC-GO	TACO	1	14.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	16.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME	Total	215	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	100	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	85	25.15
JUICE : VARIETY SUNCUP	BOX	171	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	127	20.0
MILK 1% WHITE	CARTON	78	12.0
Weighted Daily Average			45.98
% of Calories			73.9%
Nutrient Guideline			

Thu - 10/08/2020			
SECONDARY BREAKFAST	Total	1	
MIXED BERRY SMOOTHIE: SEC	SERVING:10oz	1	54.58
BUG BITES	BAG	1	21.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME	Total	157	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	153	14.0
JELLY: VARIETY PACK	PC	1	9.4
CINNAMON APPLESAUCE CUPS	1 EACH	1	22.0
MIXED FRUIT CUP	PACKAGES	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	63	25.15
JUICE : VARIETY SUNCUP	BOX	138	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	94	20.0
MILK 1% WHITE	CARTON	53	12.0
Weighted Daily Average			55.02
% of Calories			71.5%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 10/09/2020			
SECONDARY BREAKFAST	Total	1	
CRESCENT, FILLED	1 EACH	1	36.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
PEAR CUPS- CUP -DICED	1 CUP	1	16.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME	Total	54	
BREAKFAST CEREAL-ALL	BOWL	54	23.0
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEAR CUPS- CUP -DICED	1 CUP	1	16.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	17	25.15
JUICE : VARIETY SUNCUP	BOX	48	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	45	20.0
MILK 1% WHITE	CARTON	8	12.0
Weighted Daily Average			70.26
% of Calories			79.3%
Nutrient Guideline			

Mon - 10/12/2020			
SECONDARY BREAKFAST	Total	2295	
FRENCH TOAST STICKS	2 sticks	2295	38.0
SYRUP	1 EA	2250	4.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
CINNAMON APPLESAUCE CUPS	1 EACH	2000	22.0
JUICE : VARIETY SUNCUP	BOX	2100	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1600	20.0
MILK 1% WHITE	CARTON	685	12.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
CINNAMON APPLESAUCE CUPS	1 EACH	1	22.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	38	25.15
JUICE : VARIETY SUNCUP	BOX	23	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	15	20.0
MILK 1% WHITE	CARTON	16	12.0
Weighted Daily Average			92.44
% of Calories			74.5%
Nutrient Guideline			

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SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 10/13/2020			
SECONDARY BREAKFAST	Total	2109	
FIESTA CHEESE OMELET	1 EA	2109	1.0
SAUSAGE LINK - CLOVERDALE	SERVING	1	2.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
PEACH CUPS -DICED	1 CUP	2000	16.0
JUICE : VARIETY SUNCUP	BOX	2100	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1640	20.0
MILK 1% WHITE	CARTON	459	12.0
ALT SEC BREAKFAST ME			
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEACH CUPS -DICED	1 CUP	1	16.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	11	25.15
JUICE : VARIETY SUNCUP	BOX	41	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	11	20.0
MILK 1% WHITE	CARTON	20	12.0
Weighted Daily Average			50.13
% of Calories			55.1%
Nutrient Guideline			

Wed - 10/14/2020			
SECONDARY BREAKFAST	Total	1	
MAPLE SANDWICH	SERVINGS	1	45.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME			
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	100	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	85	25.15
JUICE : VARIETY SUNCUP	BOX	171	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	127	20.0
MILK 1% WHITE	CARTON	78	12.0
Weighted Daily Average			46.12
% of Calories			74.1%
Nutrient Guideline			

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SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Mon - 10/19/2020			
SECONDARY BREAKFAST	Total	1	
WAFFLE, BC	WAFFLE	1	12.0
SYRUP	1 EA	1	4.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
CINNAMON APPLESAUCE CUPS	1 EACH	1	22.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
CINNAMON APPLESAUCE CUPS	1 EACH	1	22.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	38	25.15
JUICE : VARIETY SUNCUP	BOX	23	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	15	20.0
MILK 1% WHITE	CARTON	16	12.0
Weighted Daily Average			48.06
% of Calories			83.7%
Nutrient Guideline			

Tue - 10/20/2020			
SECONDARY BREAKFAST	Total	1	
PORK SAUSAGE BISCUIT SANDWICH	1 EACH	1	25.26
PEACH CUPS -DICED	1 CUP	1	16.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEACH CUPS -DICED	1 CUP	1	16.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	11	25.15
JUICE : VARIETY SUNCUP	BOX	41	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	11	20.0
MILK 1% WHITE	CARTON	20	12.0
Weighted Daily Average			43.70
% of Calories			73.3%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 10/21/2020			
SECONDARY BREAKFAST	Total	1	
TORNADO-EGG, SAUSAGE, CHEESE TOAST	TORNADO SLICE	1	22.0
JELLY: VARIETY PACK	PC	1	14.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	9.4
MIXED FRUIT CUP	SERVINGS	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	19.0
SALSA PICANTE	1 OZ	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	1.4
MILK 1% WHITE	CARTON	1	20.0
	CARTON	1	12.0
ALT SEC BREAKFAST ME			
BREAKFAST CEREAL-ALL	Total	215	
TOAST	BOWL	1	23.0
JELLY: VARIETY PACK	SLICE	100	14.0
MIXED FRUIT CUP	PC	1	9.4
BREAKFAST FRUIT BASKET: SEC	SERVINGS	1	19.0
JUICE : VARIETY SUNCUP	1 CUP	85	25.15
MILK : CHOCOLATE MILK FAT FREE	BOX	171	16.0
MILK 1% WHITE	CARTON	127	20.0
	CARTON	78	12.0
Weighted Daily Average			46.02
% of Calories			74.0%
Nutrient Guideline			

Thu - 10/22/2020			
SECONDARY BREAKFAST	Total	1	
YOGURT VAN. PEACH PARFAIT	PARFAIT	1	59.39
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
JUICE : VARIETY SUNCUP	BOX	1	16.0
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME			
BREAKFAST CEREAL-ALL	Total	157	
TOAST	BOWL	1	23.0
JELLY: VARIETY PACK	SLICE	153	14.0
CINNAMON APPLESAUCE CUPS	PC	1	9.4
MIXED FRUIT CUP	1 EACH	1	22.0
BREAKFAST FRUIT BASKET: SEC	PACKAGES	1	18.0
JUICE : VARIETY SUNCUP	1 CUP	63	25.15
MILK : CHOCOLATE MILK FAT FREE	BOX	138	16.0
MILK 1% WHITE	CARTON	94	20.0
	CARTON	53	12.0
Weighted Daily Average			54.92
% of Calories			71.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 10/23/2020			
SECONDARY BREAKFAST	Total	1	
DONUT:SPRINKLED	DONUT	1	38.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
PEAR CUPS- CUP -DICED	1 CUP	1	16.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME	Total	54	
BREAKFAST CEREAL-ALL	BOWL	54	23.0
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEAR CUPS- CUP -DICED	1 CUP	1	16.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	17	25.15
JUICE : VARIETY SUNCUP	BOX	48	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	45	20.0
MILK 1% WHITE	CARTON	8	12.0
Weighted Daily Average			70.29
% of Calories			79.2%
Nutrient Guideline			

Mon - 10/26/2020			
SECONDARY BREAKFAST	Total	1	
PANCAKES	BAG	1	39.5
SYRUP	1 EA	1	4.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
CINNAMON APPLESAUCE CUPS	1 EACH	1	22.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
CINNAMON APPLESAUCE CUPS	1 EACH	1	22.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	38	25.15
JUICE : VARIETY SUNCUP	BOX	23	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	15	20.0
MILK 1% WHITE	CARTON	16	12.0
Weighted Daily Average			48.16
% of Calories			83.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 10/27/2020			
SECONDARY BREAKFAST	Total	1	
BREAKFAST ON A STICK	1 EACH	1	19.5
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
SYRUP	1 EA	1	4.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
PEACH CUPS -DICED	1 CUP	1	16.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEACH CUPS -DICED	1 CUP	1	16.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	11	25.15
JUICE : VARIETY SUNCUP	BOX	41	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	11	20.0
MILK 1% WHITE	CARTON	20	12.0
Weighted Daily Average			44.22
% of Calories			73.3%
Nutrient Guideline			

Wed - 10/28/2020			
SECONDARY BREAKFAST	Total	1	
BREAKFAST TAC-GO	TACO	1	14.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	16.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME	Total	215	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	100	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	85	25.15
JUICE : VARIETY SUNCUP	BOX	171	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	127	20.0
MILK 1% WHITE	CARTON	78	12.0
Weighted Daily Average			45.98
% of Calories			73.9%
Nutrient Guideline			

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Washington County School District

Oct 1, 2020 thru Oct 30, 2020

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT
SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 10/29/2020			
SECONDARY BREAKFAST	Total	1	
MIXED BERRY SMOOTHIE: SEC	SERVING:10oz	1	54.58
BUG BITES	BAG	1	21.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME	Total	157	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	153	14.0
JELLY: VARIETY PACK	PC	1	9.4
CINNAMON APPLESAUCE CUPS	1 EACH	1	22.0
MIXED FRUIT CUP	PACKAGES	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	63	25.15
JUICE : VARIETY SUNCUP	BOX	138	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	94	20.0
MILK 1% WHITE	CARTON	53	12.0
Weighted Daily Average			55.02
% of Calories			71.5%
Nutrient Guideline			

Fri - 10/30/2020			
SECONDARY BREAKFAST	Total	1	
CRESCENT, FILLED	1 EACH	1	36.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
PEAR CUPS- CUP -DICED	1 CUP	1	16.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
ALT SEC BREAKFAST ME	Total	54	
BREAKFAST CEREAL-ALL	BOWL	54	23.0
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEAR CUPS- CUP -DICED	1 CUP	1	16.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	17	25.15
JUICE : VARIETY SUNCUP	BOX	48	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	45	20.0
MILK 1% WHITE	CARTON	8	12.0
Weighted Daily Average			70.26
% of Calories			79.3%
Nutrient Guideline			

Weighted Average			55.21
			74.7%

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Washington County School District

Oct 1, 2020 thru Oct 30, 2020

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT
SEC BREAKFAST MENU

Portion Values - Detailed

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Nutrient	Menu AVG	% of Cals	Weekly Target	Portion Size % of Target	Reimb Qty Miss Data	Carb (g) Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	55.21	74.69%						

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