

# Washington County School District

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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Generated on: 11/1/2021 8:40:19 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 11/01/2021			
ELEMENTARY LUNCH	Total	1	
HOT DOG W/ BUN	1 EACH	1	21.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
DINNER SALAD	1 CUP	1	0.33
RANCH LITE-BASIC-Summer	1 EACH	1	3.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
RELISH- DILL PICKLE	SERVING	1	0.0
CREAMIES JR.	CREAMIE	1	14.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			134.51
% of Calories			58.5%
Nutrient Guideline			

Tue - 11/02/2021			
ELEMENTARY LUNCH	Total	1	
GRILLED CHEESE-WW BREAD	1 EACH	1	32.0
CHIPS: DORITOS	BAG	1	19.62
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	7.16
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			143.25
% of Calories			43.6%
Nutrient Guideline			

Wed - 11/03/2021			
ELEMENTARY LUNCH	Total	1	
CORN DOG: FOSTER FARMS TURKEY	1 EA	1	27.0
DINNER SALAD	1 CUP	1	0.33
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	7.16
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
RANCH LITE-BASIC-Summer	1 EACH	1	3.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			86.36
% of Calories			41.8%
Nutrient Guideline			

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Thu - 11/04/2021			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN	2.4 OZ	1	6.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
NORMANDY VEGETABLES 1/2 C	1/2 C SERVING	1	2.5
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	7.98
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BROWNIE CUP, WG	BROWNIE	1	26.5
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			114.46
% of Calories			54.5%
Nutrient Guideline			

Fri - 11/05/2021			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31
CHAT SNAX VANILLA CRUNCH GRAHA	SERVINGS	1	20.99
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			101.77
% of Calories			49.3%
Nutrient Guideline			

Mon - 11/08/2021			
ELEMENTARY LUNCH	Total	1	
CHEESEBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
PICKLE:, CHIPS	1 OZ.	1	1.0
TATER GEMS 1/2 CUP	8 PIECES	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
CHOCOLATE CHIP COOKIES	1 EACH	1	18.48
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			135.42
% of Calories			49.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 11/09/2021			
ELEMENTARY LUNCH	Total	1	
TACO SOUP	1 CUP	1	21.74
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	9.97
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	35.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			114.44
% of Calories			48.9%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 11/10/2021			
ELEMENTARY LUNCH	Total	1	
CHICKEN STRIPS - TYSON	3 STRIPS	1	16.19
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	2.86
CORN 1/2 CUP	1/2 CUP	1	15.0
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.1
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			154.89
% of Calories			63.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 11/11/2021			
ELEMENTARY LUNCH	Total	1	
TANGERINE CHICKEN	3.9oz SERVINGS	1	25.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	7.98
NORMANDY VEGETABLES 1/2 C	1/2 C SERVING	1	2.5
APPLE FILLED DONUT	SERVINGS	1	33.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			139.96
% of Calories			54.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 11/12/2021			
ELEMENTARY LUNCH	Total	1	
CHEESE BITES, WILD MIKE'S	4 BITES	1	28.35
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
JELL-O	GEL CUP	1	25.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0

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### Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			107.13 53.6%
Nutrient Guideline			

Mon - 11/15/2021			
ELEMENTARY LUNCH	Total	1	
POPCORN CHICKEN - GOLD KIST	10 PIECES	1	17.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
DINNER SALAD	1 CUP	1	0.33
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
CRUMB SQUARE-DAVE'S BAKERY 2.2	1 EACH	1	28.67
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average % of Calories			154.85 58.9%
Nutrient Guideline			

Tue - 11/16/2021			
ELEMENTARY LUNCH	Total	1	
SOFT FLOUR TACO: ELE	servings	1	19.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS	1/2 CUP	1	28.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	7.16
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BUG BITES	BAG	1	21.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average % of Calories			126.95 47.3%
Nutrient Guideline			

Wed - 11/17/2021			
ELEMENTARY LUNCH	Total	8240	
ROASTED TURKEY: VIP	2.9 OZ	8240	1.34
MASHED POTATOES,from Dry mix,P	1/2 CUP	8240	17.03
GRAVY, TURKEY	1/4 Cup	8240	3.0
GREEN BEANS: 1/2 C.	1/2 CUP	8240	3.0
DELUXE FRUIT SALAD	1/2 CUP	1	18.41
PUMPKIN PIE :(Sara Lee)	Slice	8240	48.0
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.1
MARGARINE REDDIES: (1)	1 Patty	8240	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	6592	20.0
MILK 1% WHITE	CARTON	1638	13.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			90.95
% of Calories			52.3%
Nutrient Guideline			

Thu - 11/18/2021			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	3.6 OZ SERVING	1	19.0
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	7.98
COOKIE, COWBOY	1 oz.	1	29.34
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			124.03
% of Calories			55.4%
Nutrient Guideline			

Fri - 11/19/2021			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			101.78
% of Calories			49.3%
Nutrient Guideline			

Mon - 11/22/2021			
ELEMENTARY LUNCH	Total	1	
MINI CORN DOG NUGGETS ( ELEM)	4 EACH	1	20.0
TATER GEMS	SERVING	1	24.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
SWEET CAKE	SERVING	1	44.83
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			163.01
% of Calories			62.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 11/23/2021			
ELEMENTARY LUNCH	Total	8345	
NACHO BITES-ELE	8 BITES	8345	32.0
REFRIED BEANS	1/2 CUP	1	28.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	3730	7.16
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MAPLE BITES, WG (2)	2 MAPLE BITES	1	26.0
SALSA PICANTE	1 OZ	3821	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	7438	20.0
MILK 1% WHITE	CARTON	897	13.0
Weighted Daily Average			55.07
% of Calories			46.6%
Nutrient Guideline			

Tue - 11/30/2021			
ELEMENTARY LUNCH	Total	1	
BEEF TACO STICK	1 EACH	1	31.87
REFRIED BEANS	1/2 CUP	1	28.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	7.16
SALSA PICANTE	1 OZ	1	1.4
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			144.59
% of Calories			47.9%
Nutrient Guideline			

Weighted Average			121.86
			52.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	121.86	52.17%						

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