

Washington County School District

Nov 1, 2020 thru Nov 30, 2020

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Mon - 11/02/2020			
ELEMENTARY LUNCH	Total	1	
POPCORN CHICKEN - GOLD KIST	10 PIECES	1	17.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			136.02
% of Calories			53.7%
Nutrient Guideline			

Tue - 11/03/2020			
ELEMENTARY LUNCH	Total	1	
BEEF TACO STICK	1 EACH	1	31.87
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
SALSA PICANTE	1 OZ	1	1.4
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			131.43
% of Calories			48.8%
Nutrient Guideline			

Wed - 11/04/2020			
ELEMENTARY LUNCH	Total	1	
HAM - COBBLE STREET	SLICE	1	2.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	1.06
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVING	1	9.34
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			101.18
% of Calories			56.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 11/05/2020			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN	2.4 OZ	1	6.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
BROWNIE CUP, WG	BROWNIE	1	26.5
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			104.85
% of Calories			61.1%
Nutrient Guideline			

Fri - 11/06/2020			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
GARLIC TWIST	2 OZ	1	27.29
DINNER SALAD	1 CUP	1	0.33
FROZEN JUICE CUP	1 EACH	1	19.65
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			118.19
% of Calories			52.9%
Nutrient Guideline			

Mon - 11/09/2020			
ELEMENTARY LUNCH	Total	1	
CHEESEBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
PICKLE:, CHIPS	1 OZ.	1	1.0
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
CHOCOLATE CHIP COOKIES	1 EACH	1	18.48
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			116.29
% of Calories			45.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 11/10/2020			
ELEMENTARY LUNCH	Total	1	
TACO SOUP	1 CUP	1	21.74
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.94
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			107.83
% of Calories			48.3%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 11/11/2020			
ELEMENTARY LUNCH	Total	1	
WG CHICKEN TENDERS STRIP	3 STRIPS	1	15.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	2.86
CORN 1/2 CUP	1/2 CUP	1	15.0
CRUMB SQUARE-DAVE'S BAKERY	1 EACH	1	47.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			154.47
% of Calories			60.5%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 11/12/2020			
ELEMENTARY LUNCH	Total	1	
NEW ORLEANS/MANDARIN CHICKEN E	2.85 oz	1	18.95
VEGETABLE HARVEST RICE PILAF:E	3/4 CUP	1	30.75
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
APPLE FILLED DONUT	SERVINGS	1	33.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			131.04
% of Calories			58.6%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 11/13/2020			
ELEMENTARY LUNCH	Total	1	
5" ROUND PEPPERONI PIZZA	PIZZA	1	30.94
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
CHIPS: DORITOS	BAG	1	19.62
KIND CARAMEL ALMOND MINI BAR	BAR	1	8.0
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			103.49 44.0%
Nutrient Guideline			

Mon - 11/16/2020			
ELEMENTARY LUNCH	Total	1	
HOT DOG W/ BUN	1 EACH	1	22.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
RELISH- DILL PICKLE	SERVING	1	0.0
JELL-O	GEL CUP	1	25.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average % of Calories			132.35 60.7%
Nutrient Guideline			

Tue - 11/17/2020			
ELEMENTARY LUNCH	Total	1	
SOFT FLOUR TACO: ELE	servings	1	19.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS	1/2 CUP	1	23.6
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
BUG BITES	BAG	1	21.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average % of Calories			112.51 54.5%
Nutrient Guideline			

Wed - 11/18/2020			
ELEMENTARY LUNCH	Total	8240	
ROASTED TURKEY: VIP	2.9 OZ	8240	1.34
MASHED POTATOES,from Dry mix,P	1/2 CUP	8240	17.03
GRAVY, TURKEY	1/4 Cup	8240	4.0
GREEN BEANS: 1/2 C.	1/2 CUP	8240	4.77
DELUXE FRUIT SALAD	1/2 CUP	1	25.58
PUMPKIN PIE :(Sara Lee)	Slice	8240	48.0
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.16
MARGARINE REDDIES: (1)	1 Patty	8240	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	6592	20.0
MILK 1% WHITE	CARTON	1638	12.0
Weighted Daily Average % of Calories			93.52 52.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 11/19/2020			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	3.6 OZ SERVING	1	19.0
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
COOKIE, COWBOY	1 oz.	1	29.34
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			113.16
% of Calories			61.7%
Nutrient Guideline			

Fri - 11/20/2020			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
DINNER SALAD	1 CUP	1	0.33
MAPLE BITES, WG (2)	2 MAPLE BITES	1	26.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			109.84
% of Calories			50.5%
Nutrient Guideline			

Mon - 11/23/2020			
ELEMENTARY LUNCH	Total	1	
MINI CORN DOG NUGGETS (ELEM)	4 EACH	1	20.0
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
SWEET CAKE	SERVING	1	44.83
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			144.18
% of Calories			57.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 11/24/2020			
ELEMENTARY LUNCH	Total	8345	
NACHO BITES-ELE	8 BITES	8345	32.0
REFRIED BEANS	1/2 CUP	1	23.6
SALSA PICANTE	1 OZ	3821	1.4
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
CUCUMBERS: 1/2 CUP	1/2 CUP	3730	1.29
CREAMIES JR.	CREAMIE	1	14.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	7438	20.0
MILK 1% WHITE	CARTON	897	12.0
Weighted Daily Average			52.34
% of Calories			47.8%
Nutrient Guideline			

Mon - 11/30/2020			
ELEMENTARY LUNCH	Total	1	
POPCORN CHICKEN - GOLD KIST	10 PIECES	1	17.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	12.0
Weighted Daily Average			136.02
% of Calories			53.7%
Nutrient Guideline			

Weighted Average			116.60
			53.8%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	116.60	53.77%						

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