

# Washington County School District

May 3, 2021 thru May 26, 2021

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT  
SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 05/03/2021</b>			
SECONDARY BREAKFAST	Total	1	
PANCAKES	BAG	1	39.5
SYRUP	1 EA	1	4.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
CINNAMON APPLESAUCE CUPS	1 EACH	1	14.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
CINNAMON APPLESAUCE CUPS	1 EACH	1	14.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	38	25.15
JUICE : VARIETY SUNCUP	BOX	23	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	15	20.0
MILK 1% WHITE	CARTON	16	13.0
Weighted Daily Average			48.18
% of Calories			83.2%
Nutrient Guideline			

<b>Tue - 05/04/2021</b>			
SECONDARY BREAKFAST	Total	1	
PANCAKE CORNDOGS	SERVINGS	1	18.04
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	16.0
SYRUP	1 EA	1	4.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEACH CUPS -DICED	1 CUP	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	11	25.15
JUICE : VARIETY SUNCUP	BOX	41	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	11	20.0
MILK 1% WHITE	CARTON	20	13.0
Weighted Daily Average			44.80
% of Calories			72.4%
Nutrient Guideline			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Carb (g)
<b>Wed - 05/05/2021</b>			
SECONDARY BREAKFAST	Total	1	
BREAKFAST TAC-GO	TACO	1	14.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	16.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	215	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	100	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	85	25.15
JUICE : VARIETY SUNCUP	BOX	171	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	127	20.0
MILK 1% WHITE	CARTON	78	13.0
Weighted Daily Average % of Calories			46.35 73.4%
Nutrient Guideline			

<b>Thu - 05/06/2021</b>			
SECONDARY BREAKFAST	Total	1	
MIXED BERRY SMOOTHIE: SEC	SERVING:10oz	1	54.58
BUG BITES	BAG	1	21.0
BREAKFAST FRUIT BASKET: ELE	1/2 CUP	1	23.63
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	157	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	153	14.0
JELLY: VARIETY PACK	PC	1	9.4
CINNAMON APPLESAUCE CUPS	1 EACH	1	14.0
MIXED FRUIT CUP	PACKAGES	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	63	25.15
JUICE : VARIETY SUNCUP	BOX	138	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	94	20.0
MILK 1% WHITE	CARTON	53	13.0
Weighted Daily Average % of Calories			55.16 71.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 05/07/2021			
SECONDARY BREAKFAST	Total	1	
CRESCENT, FILLED	1 EACH	1	36.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
PEAR CUPS- CUP -DICED	1 CUP	1	19.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	54	
BREAKFAST CEREAL-ALL	BOWL	54	23.0
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEAR CUPS- CUP -DICED	1 CUP	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	17	25.15
JUICE : VARIETY SUNCUP	BOX	48	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	45	20.0
MILK 1% WHITE	CARTON	8	13.0
Weighted Daily Average			70.53
% of Calories			79.3%
Nutrient Guideline			

Mon - 05/10/2021			
SECONDARY BREAKFAST	Total	2295	
FRENCH TOAST STICKS	2 sticks	2295	38.0
SYRUP	1 EA	2250	4.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
CINNAMON APPLESAUCE CUPS	1 EACH	2000	14.0
JUICE : VARIETY SUNCUP	BOX	2100	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1600	20.0
MILK 1% WHITE	CARTON	685	13.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
CINNAMON APPLESAUCE CUPS	1 EACH	1	14.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	38	25.15
JUICE : VARIETY SUNCUP	BOX	23	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	15	20.0
MILK 1% WHITE	CARTON	16	13.0
Weighted Daily Average			85.90
% of Calories			73.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 05/11/2021</b>			
SECONDARY BREAKFAST	Total	2109	
FIESTA CHEESE OMELET	1 EA	2109	1.0
SAUSAGE LINK - CLOVERDALE	SERVING	1	2.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
PEACH CUPS -DICED	1 CUP	2000	18.0
JUICE : VARIETY SUNCUP	BOX	2100	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1640	20.0
MILK 1% WHITE	CARTON	459	13.0
<b>ALT SEC BREAKFAST ME</b>			
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEACH CUPS -DICED	1 CUP	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	11	25.15
JUICE : VARIETY SUNCUP	BOX	41	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	11	20.0
MILK 1% WHITE	CARTON	20	13.0
Weighted Daily Average			52.22
% of Calories			57.1%
Nutrient Guideline			

<b>Wed - 05/12/2021</b>			
SECONDARY BREAKFAST	Total	1	
MAPLE SANDWICH	SERVINGS	1	45.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
MIXED FRUIT CUP	SERVINGS	1	19.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
<b>ALT SEC BREAKFAST ME</b>			
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	100	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	85	25.15
JUICE : VARIETY SUNCUP	BOX	171	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	127	20.0
MILK 1% WHITE	CARTON	78	13.0
Weighted Daily Average			46.48
% of Calories			73.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 05/13/2021			
SECONDARY BREAKFAST	Total	1	
YOGURT: UPSTATE FARMS	SERVING	1	19.0
UBR- OATMEAL CHOCOLATE CHIP TOAST	1 EACH	1	43.0
JELLY: VARIETY PACK	SLICE	1	14.0
JUICE : VARIETY SUNCUP	PC	1	9.4
BREAKFAST FRUIT BASKET: ELE	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	1/2 CUP	1	23.63
MILK 1% WHITE	CARTON	1	20.0
	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	157	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	153	14.0
JELLY: VARIETY PACK	PC	1	9.4
CINNAMON APPLESAUCE CUPS	1 EACH	1	14.0
MIXED FRUIT CUP	PACKAGES	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	63	25.15
JUICE : VARIETY SUNCUP	BOX	138	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	94	20.0
MILK 1% WHITE	CARTON	53	13.0
Weighted Daily Average			55.23
% of Calories			71.1%
Nutrient Guideline			

Fri - 05/14/2021			
SECONDARY BREAKFAST	Total	1	
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	35.0
PEAR CUPS- CUP -DICED	1 CUP	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	54	
BREAKFAST CEREAL-ALL	BOWL	54	23.0
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEAR CUPS- CUP -DICED	1 CUP	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	17	25.15
JUICE : VARIETY SUNCUP	BOX	48	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	45	20.0
MILK 1% WHITE	CARTON	8	13.0
Weighted Daily Average			70.51
% of Calories			79.3%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 05/17/2021</b>			
SECONDARY BREAKFAST	Total	1	
WAFFLE, BC	WAFFLE	1	12.0
SYRUP	1 EA	1	4.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
CINNAMON APPLESAUCE CUPS	1 EACH	1	14.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
CINNAMON APPLESAUCE CUPS	1 EACH	1	14.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	38	25.15
JUICE : VARIETY SUNCUP	BOX	23	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	15	20.0
MILK 1% WHITE	CARTON	16	13.0
Weighted Daily Average			48.09
% of Calories			83.0%
Nutrient Guideline			

<b>Tue - 05/18/2021</b>			
SECONDARY BREAKFAST	Total	1	
APPLE CINNAMON TOAST, WG	SERVINGS	1	45.0
PEACH CUPS -DICED	1 CUP	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
JUICE : VARIETY SUNCUP	BOX	1	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	41	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	20	14.0
JELLY: VARIETY PACK	PC	1	9.4
PEACH CUPS -DICED	1 CUP	1	18.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	11	25.15
JUICE : VARIETY SUNCUP	BOX	41	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	11	20.0
MILK 1% WHITE	CARTON	20	13.0
Weighted Daily Average			44.77
% of Calories			73.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
<b>Wed - 05/19/2021</b>			
SECONDARY BREAKFAST	Total	1	
TORNADO-EGG, SAUSAGE, CHEESE	TORNADO	1	22.0
TOAST	SLICE	1	14.0
JELLY: VARIETY PACK	PC	1	9.4
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	25.15
MIXED FRUIT CUP	SERVINGS	1	19.0
JUICE : VARIETY SUNCUP	BOX	1	16.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
ALT SEC BREAKFAST ME	Total	215	
BREAKFAST CEREAL-ALL	BOWL	1	23.0
TOAST	SLICE	100	14.0
JELLY: VARIETY PACK	PC	1	9.4
MIXED FRUIT CUP	SERVINGS	1	19.0
BREAKFAST FRUIT BASKET: SEC	1 CUP	85	25.15
JUICE : VARIETY SUNCUP	BOX	171	16.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	127	20.0
MILK 1% WHITE	CARTON	78	13.0
Weighted Daily Average			46.38
% of Calories			73.5%
Nutrient Guideline			

<b>Thu - 05/20/2021</b>			
SECONDARY BREAKFAST	Total	1	
Cooks Choice Entree	1 each	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

<b>Fri - 05/21/2021</b>			
SECONDARY BREAKFAST	Total	1	
Cooks Choice Entree	1 each	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

<b>Mon - 05/24/2021</b>			
SECONDARY BREAKFAST	Total	1	
Cooks Choice Entree	1 each	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 05/25/2021			
SECONDARY BREAKFAST	Total	1	
Cooks Choice Entree	1 each	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Wed - 05/26/2021			
SECONDARY BREAKFAST	Total	1	
Cooks Choice Entree	1 each	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Weighted Average			54.97 73.7%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	54.97	73.74%						

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