

Washington County School District

May 3, 2021 thru May 26, 2021

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 1

Generated on: 4/14/2021 10:04:26 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 05/03/2021			
ELEMENTARY LUNCH	Total	1	
HOT DOG W/ BUN	1 EACH	1	21.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
RELISH- DILL PICKLE	SERVING	1	0.0
JELL-O	GEL CUP	1	25.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			150.32
% of Calories			63.0%
Nutrient Guideline			

Tue - 05/04/2021			
ELEMENTARY LUNCH	Total	1	
SOFT FLOUR TACO: ELE	servings	1	19.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS	1/2 CUP	1	28.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
BUG BITES	BAG	1	21.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			135.88
% of Calories			57.6%
Nutrient Guideline			

Wed - 05/05/2021			
ELEMENTARY LUNCH	Total	1	
ROASTED TURKEY: VIP	2.9 OZ	1	1.34
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, TURKEY	1/4 Cup	1	3.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.1
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			115.01
% of Calories			61.7%
Nutrient Guideline			

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Page 2

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	Portion Size	Reimb Qty	Carb (g)
Thu - 05/06/2021			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	3.6 OZ SERVING	1	19.0
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
COOKIE, COWBOY	1 oz.	1	29.34
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			132.13
% of Calories			64.8%
Nutrient Guideline			

Fri - 05/07/2021			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
MARINARA SAUCE	1/2 CUP	1	11.93
DINNER SALAD	1 CUP	1	0.33
MAPLE BITES, WG (2)	2 MAPLE BITES	1	26.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			112.56
% of Calories			50.7%
Nutrient Guideline			

Mon - 05/10/2021			
ELEMENTARY LUNCH	Total	1	
MINI CORN DOG NUGGETS (ELEM)	4 EACH	1	20.0
TATER TOTS: 1/2 CUP	8 PIECES	1	16.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
SWEET CAKE	SERVING	1	44.83
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			163.15
% of Calories			60.1%
Nutrient Guideline			

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Page 3

Generated on: 4/14/2021 10:04:26 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 05/11/2021			
ELEMENTARY LUNCH	Total	8345	
NACHO BITES-ELE	8 BITES	8345	32.0
REFRIED BEANS	1/2 CUP	1	28.0
SALSA PICANTE	1 OZ	3821	1.4
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
CUCUMBERS: 1/2 CUP	1/2 CUP	3730	1.29
CREAMIES JR.	CREAMIE	1	14.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	7438	20.0
MILK 1% WHITE	CARTON	897	13.0
Weighted Daily Average			52.45
% of Calories			47.8%
Nutrient Guideline			

Wed - 05/12/2021			
ELEMENTARY LUNCH	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	2.82
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.1
MARGARINE REDDIES: (1)	1 Patty	1	0.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			119.50
% of Calories			59.5%
Nutrient Guideline			

Thu - 05/13/2021			
ELEMENTARY LUNCH	Total	1	
NEW ORLEANS/MANDARIN CHICKEN E	2.85 oz	1	15.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
APPLE FILLED DONUT	SERVINGS	1	33.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	12.59
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			137.60
% of Calories			60.0%
Nutrient Guideline			

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Page 4

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	Portion Size	Reimb Qty	Carb (g)
Fri - 05/14/2021			
ELEMENTARY LUNCH	Total	1	
MAX STUFFED CRUST PEPPERONI PI	SLICE	1	36.0
DINNER SALAD	1 CUP	1	0.33
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
PUDDING,CHOICE	SERVING	1	20.5
LEFLEUR'S LITE RANCH- ELE.	CONTAINER	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			104.13
% of Calories			50.6%
Nutrient Guideline			

Mon - 05/17/2021			
ELEMENTARY LUNCH	Total	1	
POPCORN CHICKEN - GOLD KIST	10 PIECES	1	17.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	8.31
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			154.99
% of Calories			56.6%
Nutrient Guideline			

Tue - 05/18/2021			
ELEMENTARY LUNCH	Total	1	
BEEF TACO STICK	1 EACH	1	31.87
REFRIED BEANS	1/2 CUP	1	28.0
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
CUCUMBERS: 1/2 CUP	1/2 CUP	1	1.29
SALSA PICANTE	1 OZ	1	1.4
COOKIE: PUMPKIN CHOCOLATE CHIP	COOKIE	1	28.69
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			154.80
% of Calories			51.8%
Nutrient Guideline			

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Page 5

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Wed - 05/19/2021			
ELEMENTARY LUNCH	Total	1	
HAM - COBBLE STREET	SLICE	1	2.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, COUNTRY: (CUSTOM)	1/4 Cup	1	6.0
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVING	1	9.34
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	14.31
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.1
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			125.02
% of Calories			60.6%
Nutrient Guideline			

Thu - 05/20/2021			
ELEMENTARY LUNCH	Total	1	
Cooks Choice Entree	1each	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Fri - 05/21/2021			
ELEMENTARY LUNCH	Total	1	
Cooks Choice Entree	1each	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Mon - 05/24/2021			
ELEMENTARY LUNCH	Total	1	
Cooks Choice Entree	1each	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Tue - 05/25/2021			
ELEMENTARY LUNCH	Total	1	
Cooks Choice Entree	1each	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Wed - 05/26/2021			
ELEMENTARY LUNCH	Total	1	
Cooks Choice Entree	1each	1	0.0

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Page 6

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			0.00 0.0%
Nutrient Guideline			

Weighted Average			127.50 57.5%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	127.50	57.50%						

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