

# Washington County School District

Jan 6, 2022 thru Jan 31, 2022

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT  
SEC BREAKFAST MENU

Portion Values - Detailed

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| Thu - 01/06/2022               |              |           |          |
| SECONDARY BREAKFAST            | Total        | 1         |          |
| YOGURT: UPSTATE FARMS          | SERVING      | 1         | 19.0     |
| UBR- OATMEAL CHOCOLATE CHIP    | 1 EACH       | 1         | 43.0     |
| TOAST                          | SLICE        | 1         | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 16.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT SEC BREAKFAST ME           | Total        | 157       |          |
| BREAKFAST CEREAL-ALL           | BOWL         | 1         | 22.33    |
| TOAST                          | SLICE        | 153       | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 63        | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 138       | 16.0     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 94        | 20.0     |
| MILK 1% WHITE                  | CARTON       | 53        | 13.0     |
| Weighted Daily Average         |              |           | 55.03    |
| % of Calories                  |              |           | 71.0%    |
| Nutrient Guideline             |              |           |          |

|                                |        |    |       |
|--------------------------------|--------|----|-------|
| Fri - 01/07/2022               |        |    |       |
| SECONDARY BREAKFAST            | Total  | 1  |       |
| CINNAMON ROLL W. W.W. BRIDGFOR | ROLL   | 1  | 35.0  |
| PEAR CUPS- CUP -DICED          | 1 CUP  | 1  | 19.0  |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP  | 1  | 25.15 |
| JUICE : VARIETY SUNCUP         | BOX    | 1  | 16.0  |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1  | 20.0  |
| MILK 1% WHITE                  | CARTON | 1  | 13.0  |
| ALT SEC BREAKFAST ME           | Total  | 54 |       |
| BREAKFAST CEREAL-ALL           | BOWL   | 54 | 22.33 |
| TOAST                          | SLICE  | 20 | 14.0  |
| JELLY: VARIETY PACK            | PC     | 1  | 9.4   |
| PEAR CUPS- CUP -DICED          | 1 CUP  | 1  | 19.0  |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP  | 17 | 25.15 |
| JUICE : VARIETY SUNCUP         | BOX    | 48 | 16.0  |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 45 | 20.0  |
| MILK 1% WHITE                  | CARTON | 8  | 13.0  |
| Weighted Daily Average         |        |    | 69.86 |
| % of Calories                  |        |    | 76.8% |
| Nutrient Guideline             |        |    |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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|   | Portion Size | Reimb Qty | Carb (g)       |
|---|--------------|-----------|----------------|
| <b>Mon - 01/10/2022</b>                 |              |           |                |
| SECONDARY BREAKFAST                     | Total        | 1         |                |
| WAFFLE, BC                              | WAFFLE       | 1         | 12.0           |
| SYRUP                                   | 1 EA         | 1         | 4.0            |
| TOAST                                   | SLICE        | 1         | 14.0           |
| JELLY: VARIETY PACK                     | PC           | 1         | 9.4            |
| BREAKFAST FRUIT BASKET: SEC             | 1 CUP        | 1         | 25.15          |
| APPLESAUCE,W/CINNAMON                   | 1 CUP        | 1         | 28.02          |
| JUICE : VARIETY SUNCUP                  | BOX          | 1         | 16.0           |
| MILK : CHOCOLATE MILK FAT FREE          | CARTON       | 1         | 20.0           |
| MILK 1% WHITE                           | CARTON       | 1         | 13.0           |
| ALT SEC BREAKFAST ME                    | Total        | 41        |                |
| BREAKFAST CEREAL-ALL                    | BOWL         | 1         | 22.33          |
| TOAST                                   | SLICE        | 1         | 14.0           |
| JELLY: VARIETY PACK                     | PC           | 1         | 9.4            |
| APPLESAUCE,W/CINNAMON                   | 1 CUP        | 1         | 28.02          |
| BREAKFAST FRUIT BASKET: SEC             | 1 CUP        | 38        | 25.15          |
| JUICE : VARIETY SUNCUP                  | BOX          | 23        | 16.0           |
| MILK : CHOCOLATE MILK FAT FREE          | CARTON       | 15        | 20.0           |
| MILK 1% WHITE                           | CARTON       | 16        | 13.0           |
| Weighted Daily Average<br>% of Calories |              |           | 48.74<br>83.1% |
| Nutrient Guideline                      |              |           |                |

|   |          |    |                |
|---|----------|----|----------------|
| <b>Tue - 01/11/2022</b>                 |          |    |                |
| SECONDARY BREAKFAST                     | Total    | 1  |                |
| APPLE CINNAMON TOAST, WG                | SERVINGS | 1  | 45.0           |
| PEACH CUPS -DICED                       | 1 CUP    | 1  | 18.0           |
| BREAKFAST FRUIT BASKET: SEC             | 1 CUP    | 1  | 25.15          |
| JUICE : VARIETY SUNCUP                  | BOX      | 1  | 16.0           |
| SYRUP                                   | 1 EA     | 1  | 4.0            |
| MILK : CHOCOLATE MILK FAT FREE          | CARTON   | 1  | 20.0           |
| MILK 1% WHITE                           | CARTON   | 1  | 13.0           |
| ALT SEC BREAKFAST ME                    | Total    | 41 |                |
| BREAKFAST CEREAL-ALL                    | BOWL     | 1  | 22.33          |
| TOAST                                   | SLICE    | 20 | 14.0           |
| JELLY: VARIETY PACK                     | PC       | 1  | 9.4            |
| PEACH CUPS -DICED                       | 1 CUP    | 1  | 18.0           |
| BREAKFAST FRUIT BASKET: SEC             | 1 CUP    | 11 | 25.15          |
| JUICE : VARIETY SUNCUP                  | BOX      | 41 | 16.0           |
| MILK : CHOCOLATE MILK FAT FREE          | CARTON   | 11 | 20.0           |
| MILK 1% WHITE                           | CARTON   | 20 | 13.0           |
| Weighted Daily Average<br>% of Calories |          |    | 44.85<br>73.4% |
| Nutrient Guideline                      |          |    |                |

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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SEC BREAKFAST MENU

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| <u>Wed - 01/12/2022</u>        |              |           |          |
| SECONDARY BREAKFAST            | Total        | 1         |          |
| SANDWICH, SAUSAGE & CHEESE     | SERVINGS     | 1         | 17.96    |
| TOAST                          | SLICE        | 1         | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| MIXED FRUIT CUP                | SERVINGS     | 1         | 19.0     |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 16.0     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT SEC BREAKFAST ME           | Total        | 215       |          |
| BREAKFAST CEREAL-ALL           | BOWL         | 1         | 22.33    |
| TOAST                          | SLICE        | 100       | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| MIXED FRUIT CUP                | SERVINGS     | 1         | 19.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 85        | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 171       | 16.0     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 127       | 20.0     |
| MILK 1% WHITE                  | CARTON       | 78        | 13.0     |
| Weighted Daily Average         |              |           | 46.36    |
| % of Calories                  |              |           | 73.4%    |
| Nutrient Guideline             |              |           |          |

|                                |         |     |       |
|--------------------------------|---------|-----|-------|
| <u>Thu - 01/13/2022</u>        |         |     |       |
| SECONDARY BREAKFAST            | Total   | 1   |       |
| YOGURT VAN. PEACH PARFAIT      | PARFAIT | 1   | 53.0  |
| TOAST                          | SLICE   | 1   | 14.0  |
| JELLY: VARIETY PACK            | PC      | 1   | 9.4   |
| JUICE : VARIETY SUNCUP         | BOX     | 1   | 16.0  |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP   | 1   | 25.15 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON  | 1   | 20.0  |
| MILK 1% WHITE                  | CARTON  | 1   | 13.0  |
| ALT SEC BREAKFAST ME           | Total   | 157 |       |
| BREAKFAST CEREAL-ALL           | BOWL    | 1   | 22.33 |
| TOAST                          | SLICE   | 153 | 14.0  |
| JELLY: VARIETY PACK            | PC      | 1   | 9.4   |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP   | 63  | 25.15 |
| JUICE : VARIETY SUNCUP         | BOX     | 138 | 16.0  |
| MILK : CHOCOLATE MILK FAT FREE | CARTON  | 94  | 20.0  |
| MILK 1% WHITE                  | CARTON  | 53  | 13.0  |
| Weighted Daily Average         |         |     | 54.97 |
| % of Calories                  |         |     | 71.1% |
| Nutrient Guideline             |         |     |       |

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| Fri - 01/14/2022               |              |           |          |
| SECONDARY BREAKFAST            | Total        | 1         |          |
| SPRINKLED DONUT: SFE           | 1 EACH       | 1         | 31.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| PEAR CUPS- CUP -DICED          | 1 CUP        | 1         | 19.0     |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 16.0     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT SEC BREAKFAST ME           | Total        | 54        |          |
| BREAKFAST CEREAL-ALL           | BOWL         | 54        | 22.33    |
| TOAST                          | SLICE        | 20        | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| PEAR CUPS- CUP -DICED          | 1 CUP        | 1         | 19.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 17        | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 48        | 16.0     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 45        | 20.0     |
| MILK 1% WHITE                  | CARTON       | 8         | 13.0     |
| Weighted Daily Average         |              |           | 69.78    |
| % of Calories                  |              |           | 76.6%    |
| Nutrient Guideline             |              |           |          |

|                                |          |    |       |
|--------------------------------|----------|----|-------|
| Tue - 01/18/2022               |          |    |       |
| SECONDARY BREAKFAST            | Total    | 1  |       |
| PANCAKE CORNDOGS               | SERVINGS | 1  | 17.0  |
| TOAST                          | SLICE    | 1  | 14.0  |
| JELLY: VARIETY PACK            | PC       | 1  | 9.4   |
| PEACH CUPS -DICED              | 1 CUP    | 1  | 18.0  |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 1  | 25.15 |
| JUICE : VARIETY SUNCUP         | BOX      | 1  | 16.0  |
| SYRUP                          | 1 EA     | 1  | 4.0   |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 1  | 20.0  |
| MILK 1% WHITE                  | CARTON   | 1  | 13.0  |
| ALT SEC BREAKFAST ME           | Total    | 41 |       |
| BREAKFAST CEREAL-ALL           | BOWL     | 1  | 22.33 |
| TOAST                          | SLICE    | 20 | 14.0  |
| JELLY: VARIETY PACK            | PC       | 1  | 9.4   |
| PEACH CUPS -DICED              | 1 CUP    | 1  | 18.0  |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 11 | 25.15 |
| JUICE : VARIETY SUNCUP         | BOX      | 41 | 16.0  |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 11 | 20.0  |
| MILK 1% WHITE                  | CARTON   | 20 | 13.0  |
| Weighted Daily Average         |          |    | 44.74 |
| % of Calories                  |          |    | 72.6% |
| Nutrient Guideline             |          |    |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| <b>Wed - 01/19/2022</b>        |              |           |          |
| SECONDARY BREAKFAST            | Total        | 1         |          |
| EGGSTRAVAGANZA, BACON & CHEESE | 2oz SERVING  | 1         | 1.0      |
| TOAST                          | SLICE        | 1         | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| MIXED FRUIT CUP                | SERVINGS     | 1         | 19.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 16.0     |
| SALSA PICANTE                  | 1 OZ         | 1         | 1.4      |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT SEC BREAKFAST ME           | Total        | 215       |          |
| BREAKFAST CEREAL-ALL           | BOWL         | 1         | 22.33    |
| TOAST                          | SLICE        | 100       | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| MIXED FRUIT CUP                | SERVINGS     | 1         | 19.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 85        | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 171       | 16.0     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 127       | 20.0     |
| MILK 1% WHITE                  | CARTON       | 78        | 13.0     |
| Weighted Daily Average         |              |           | 46.28    |
| % of Calories                  |              |           | 73.4%    |
| Nutrient Guideline             |              |           |          |

|                                |              |     |       |
|--------------------------------|--------------|-----|-------|
| <b>Thu - 01/20/2022</b>        |              |     |       |
| SECONDARY BREAKFAST            | Total        | 1   |       |
| MIXED BERRY SMOOTHIE: SEC      | SERVING:10oz | 1   | 54.58 |
| BUG BITES                      | BAG          | 1   | 21.0  |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1   | 25.15 |
| JUICE : VARIETY SUNCUP         | BOX          | 1   | 16.0  |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1   | 20.0  |
| MILK 1% WHITE                  | CARTON       | 1   | 13.0  |
| ALT SEC BREAKFAST ME           | Total        | 157 |       |
| BREAKFAST CEREAL-ALL           | BOWL         | 1   | 22.33 |
| TOAST                          | SLICE        | 153 | 14.0  |
| JELLY: VARIETY PACK            | PC           | 1   | 9.4   |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 63  | 25.15 |
| JUICE : VARIETY SUNCUP         | BOX          | 138 | 16.0  |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 94  | 20.0  |
| MILK 1% WHITE                  | CARTON       | 53  | 13.0  |
| Weighted Daily Average         |              |     | 54.97 |
| % of Calories                  |              |     | 71.1% |
| Nutrient Guideline             |              |     |       |

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| <b>Fri - 01/21/2022</b>        |              |           |          |
| SECONDARY BREAKFAST            | Total        | 1         |          |
| CRESCENT, FILLED               | 1 EACH       | 1         | 36.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| PEAR CUPS- CUP -DICED          | 1 CUP        | 1         | 19.0     |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 16.0     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT SEC BREAKFAST ME           | Total        | 54        |          |
| BREAKFAST CEREAL-ALL           | BOWL         | 54        | 22.33    |
| TOAST                          | SLICE        | 20        | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| PEAR CUPS- CUP -DICED          | 1 CUP        | 1         | 19.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 17        | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 48        | 16.0     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 45        | 20.0     |
| MILK 1% WHITE                  | CARTON       | 8         | 13.0     |
| Weighted Daily Average         |              |           | 69.87    |
| % of Calories                  |              |           | 76.8%    |
| Nutrient Guideline             |              |           |          |

|                                |          |      |       |
|--------------------------------|----------|------|-------|
| <b>Mon - 01/24/2022</b>        |          |      |       |
| SECONDARY BREAKFAST            | Total    | 2295 |       |
| FRENCH TOAST STICKS            | 2 sticks | 2295 | 38.0  |
| SYRUP                          | 1 EA     | 2250 | 4.0   |
| TOAST                          | SLICE    | 1    | 14.0  |
| JELLY: VARIETY PACK            | PC       | 1    | 9.4   |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 1    | 25.15 |
| APPLESAUCE,W/CINNAMON          | 1 CUP    | 2000 | 28.02 |
| JUICE : VARIETY SUNCUP         | BOX      | 2100 | 16.0  |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 1600 | 20.0  |
| MILK 1% WHITE                  | CARTON   | 685  | 13.0  |
| ALT SEC BREAKFAST ME           | Total    | 41   |       |
| BREAKFAST CEREAL-ALL           | BOWL     | 1    | 22.33 |
| TOAST                          | SLICE    | 1    | 14.0  |
| JELLY: VARIETY PACK            | PC       | 1    | 9.4   |
| APPLESAUCE,W/CINNAMON          | 1 CUP    | 1    | 28.02 |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 38   | 25.15 |
| JUICE : VARIETY SUNCUP         | BOX      | 23   | 16.0  |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 15   | 20.0  |
| MILK 1% WHITE                  | CARTON   | 16   | 13.0  |
| Weighted Daily Average         |          |      | 97.91 |
| % of Calories                  |          |      | 76.6% |
| Nutrient Guideline             |          |      |       |

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| <b>Tue - 01/25/2022</b>        |              |           |          |
| SECONDARY BREAKFAST            | Total        | 1         |          |
| SKILLET OMELET                 | SERVINGS     | 1         | 1.0      |
| SAUSAGE LINK - CLOVERDALE      | 2 Links      | 1         | 2.0      |
| TOAST                          | SLICE        | 1         | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| PEACH CUPS -DICED              | 1 CUP        | 1         | 18.0     |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 16.0     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT SEC BREAKFAST ME           | Total        | 41        |          |
| BREAKFAST CEREAL-ALL           | BOWL         | 1         | 22.33    |
| TOAST                          | SLICE        | 20        | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| PEACH CUPS -DICED              | 1 CUP        | 1         | 18.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 11        | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 41        | 16.0     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 11        | 20.0     |
| MILK 1% WHITE                  | CARTON       | 20        | 13.0     |
| Weighted Daily Average         |              |           | 44.31    |
| % of Calories                  |              |           | 71.0%    |
| Nutrient Guideline             |              |           |          |

|                                |          |     |       |
|--------------------------------|----------|-----|-------|
| <b>Wed - 01/26/2022</b>        |          |     |       |
| SECONDARY BREAKFAST            | Total    | 1   |       |
| BERRIES AND CREAM TWIN, WG     | SERVINGS | 1   | 36.0  |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 1   | 25.15 |
| MIXED FRUIT CUP                | SERVINGS | 1   | 19.0  |
| JUICE : VARIETY SUNCUP         | BOX      | 1   | 16.0  |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 1   | 20.0  |
| MILK 1% WHITE                  | CARTON   | 1   | 13.0  |
| ALT SEC BREAKFAST ME           | Total    | 215 |       |
| BREAKFAST CEREAL-ALL           | BOWL     | 1   | 22.33 |
| TOAST                          | SLICE    | 100 | 14.0  |
| JELLY: VARIETY PACK            | PC       | 1   | 9.4   |
| MIXED FRUIT CUP                | SERVINGS | 1   | 19.0  |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP    | 85  | 25.15 |
| JUICE : VARIETY SUNCUP         | BOX      | 171 | 16.0  |
| MILK : CHOCOLATE MILK FAT FREE | CARTON   | 127 | 20.0  |
| MILK 1% WHITE                  | CARTON   | 78  | 13.0  |
| Weighted Daily Average         |          |     | 46.33 |
| % of Calories                  |          |     | 73.5% |
| Nutrient Guideline             |          |     |       |

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# Washington County School District

Jan 6, 2022 thru Jan 31, 2022

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT  
SEC BREAKFAST MENU

Portion Values - Detailed

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| <b>Thu - 01/27/2022</b>        |              |           |          |
| SECONDARY BREAKFAST            | Total        | 1         |          |
| YOGURT: UPSTATE FARMS          | SERVING      | 1         | 19.0     |
| UBR- OATMEAL CHOCOLATE CHIP    | 1 EACH       | 1         | 43.0     |
| TOAST                          | SLICE        | 1         | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 16.0     |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT SEC BREAKFAST ME           | Total        | 157       |          |
| BREAKFAST CEREAL-ALL           | BOWL         | 1         | 22.33    |
| TOAST                          | SLICE        | 153       | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 63        | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 138       | 16.0     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 94        | 20.0     |
| MILK 1% WHITE                  | CARTON       | 53        | 13.0     |
| Weighted Daily Average         |              |           | 55.03    |
| % of Calories                  |              |           | 71.0%    |
| Nutrient Guideline             |              |           |          |

|                                |        |    |       |
|--------------------------------|--------|----|-------|
| <b>Fri - 01/28/2022</b>        |        |    |       |
| SECONDARY BREAKFAST            | Total  | 1  |       |
| CINNAMON ROLL W. W.W. BRIDGFOR | ROLL   | 1  | 35.0  |
| PEAR CUPS- CUP -DICED          | 1 CUP  | 1  | 19.0  |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP  | 1  | 25.15 |
| JUICE : VARIETY SUNCUP         | BOX    | 1  | 16.0  |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1  | 20.0  |
| MILK 1% WHITE                  | CARTON | 1  | 13.0  |
| ALT SEC BREAKFAST ME           | Total  | 54 |       |
| BREAKFAST CEREAL-ALL           | BOWL   | 54 | 22.33 |
| TOAST                          | SLICE  | 20 | 14.0  |
| JELLY: VARIETY PACK            | PC     | 1  | 9.4   |
| PEAR CUPS- CUP -DICED          | 1 CUP  | 1  | 19.0  |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP  | 17 | 25.15 |
| JUICE : VARIETY SUNCUP         | BOX    | 48 | 16.0  |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 45 | 20.0  |
| MILK 1% WHITE                  | CARTON | 8  | 13.0  |
| Weighted Daily Average         |        |    | 69.86 |
| % of Calories                  |        |    | 76.8% |
| Nutrient Guideline             |        |    |       |

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# Washington County School District

Jan 6, 2022 thru Jan 31, 2022

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT  
SEC BREAKFAST MENU

Portion Values - Detailed

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|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| <b>Mon - 01/31/2022</b>        |              |           |          |
| SECONDARY BREAKFAST            | Total        | 1         |          |
| WAFFLE, BC                     | WAFFLE       | 1         | 12.0     |
| SYRUP                          | 1 EA         | 1         | 4.0      |
| TOAST                          | SLICE        | 1         | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 1         | 25.15    |
| APPLESAUCE,W/CINNAMON          | 1 CUP        | 1         | 28.02    |
| JUICE : VARIETY SUNCUP         | BOX          | 1         | 16.0     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 1         | 20.0     |
| MILK 1% WHITE                  | CARTON       | 1         | 13.0     |
| ALT SEC BREAKFAST ME           | Total        | 41        |          |
| BREAKFAST CEREAL-ALL           | BOWL         | 1         | 22.33    |
| TOAST                          | SLICE        | 1         | 14.0     |
| JELLY: VARIETY PACK            | PC           | 1         | 9.4      |
| APPLESAUCE,W/CINNAMON          | 1 CUP        | 1         | 28.02    |
| BREAKFAST FRUIT BASKET: SEC    | 1 CUP        | 38        | 25.15    |
| JUICE : VARIETY SUNCUP         | BOX          | 23        | 16.0     |
| MILK : CHOCOLATE MILK FAT FREE | CARTON       | 15        | 20.0     |
| MILK 1% WHITE                  | CARTON       | 16        | 13.0     |
| Weighted Daily Average         |              |           | 48.74    |
| % of Calories                  |              |           | 83.1%    |
| Nutrient Guideline             |              |           |          |

|                  |  |  |       |
|------------------|--|--|-------|
| Weighted Average |  |  | 56.92 |
|                  |  |  | 74.8% |

| Nutrient         | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Carbohydrate (g) | 56.92    | 74.82%    |               |             |           |           |         |                         |

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