

Washington County School District

Dec 1, 2021 thru Dec 21, 2021

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 1

Generated on: 11/29/2021 10:08:51 AM

	Portion Size	Reimb Qty	Carb (g)
Wed - 12/01/2021			
ELEMENTARY LUNCH	Total	8240	
DUTCH WAFFLE	1 EACH	8240	43.0
SAUSAGE LINK - CLOVERDALE	2 Links	8000	2.0
SCRAMBLED EGGS: SUNNY FRESH	1/4 CUP	1	2.0
HASHBROWN PATTY:1/2 CUP	2 EACH	7500	27.0
BLUEBERRIES, FZ	1/2c SERVING	1	10.0
SLUSH: BERRY BERRY BLUE	SERVINGS	1	19.0
SYRUP	1 EA	5000	4.0
KETCHUP : P/C	PC	3500	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	5200	20.0
MILK 1% WHITE	CARTON	3030	13.0
Weighted Daily Average			93.65
% of Calories			43.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 12/02/2021			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN	2.4 OZ	1	6.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
NORMANDY VEGETABLES 1/2 C	1/2 C SERVING	1	2.5
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	9.53
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BROWNIE CUP, WG	BROWNIE	1	26.5
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			116.02
% of Calories			54.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 12/03/2021			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31
CHAT SNAX VANILLA CRUNCH GRAHA	SERVINGS	1	20.99
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			101.77
% of Calories			49.3%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Dec 1, 2021 thru Dec 21, 2021

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 2

Generated on: 11/29/2021 10:08:51 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 12/06/2021			
ELEMENTARY LUNCH	Total	1	
CHEESEBURGER 100% BEEF :ELE	PATTY	1	23.1
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
PICKLE:, CHIPS	1 OZ.	1	1.0
TATER GEMS 1/2 CUP	8 PIECES	1	16.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
CHOCOLATE CHIP COOKIES	1 EACH	1	18.48
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
LIGHT MAYONNAISE	POUCH	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			135.42
% of Calories			49.9%
Nutrient Guideline			

Tue - 12/07/2021			
ELEMENTARY LUNCH	Total	1	
TACO SOUP	1 CUP	1	21.74
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	11.53
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	35.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			116.00
% of Calories			49.1%
Nutrient Guideline			

Wed - 12/08/2021			
ELEMENTARY LUNCH	Total	1	
POPCORN CHICKEN - GOLD KIST	10 PIECES	1	17.0
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	17.03
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	2.86
CORN 1/2 CUP	1/2 CUP	1	15.0
ROLL: 2 OZ SCHOOL MADE	ROLL	1	27.1
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BARBAQUE SAUCE: P/C	1 Each	1	13.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			155.71
% of Calories			62.3%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Dec 1, 2021 thru Dec 21, 2021

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 3

Generated on: 11/29/2021 10:08:51 AM

	Portion Size	Reimb Qty	Carb (g)
Thu - 12/09/2021			
ELEMENTARY LUNCH	Total	1	
TANGERINE CHICKEN	3.9oz SERVINGS	1	25.0
VEGETABLE BROWN RICE:ELE	4.75 OZ	1	24.01
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	9.53
NORMANDY VEGETABLES 1/2 C	1/2 C SERVING	1	2.5
APPLE FILLED DONUT	SERVINGS	1	33.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			141.52
% of Calories			54.2%
Nutrient Guideline			

Fri - 12/10/2021			
ELEMENTARY LUNCH	Total	1	
CHEESE BITES, WILD MIKE'S	4 BITES	1	28.35
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
JELL-O	GEL CUP	1	25.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			107.13
% of Calories			53.6%
Nutrient Guideline			

Mon - 12/13/2021			
ELEMENTARY LUNCH	Total	1	
POPCORN CHICKEN - GOLD KIST	10 PIECES	1	17.0
FRENCH FRIES- S.S. 1/2 CUP	3 OZ	1	22.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
DINNER SALAD	1 CUP	1	0.33
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
CRUMB SQUARE-DAVE'S BAKERY 2.2	1 EACH	1	28.67
BARBAQUE SAUCE: P/C	1 Each	1	13.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			154.85
% of Calories			58.9%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Dec 1, 2021 thru Dec 21, 2021

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 4

Generated on: 11/29/2021 10:08:51 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 12/14/2021			
ELEMENTARY LUNCH	Total	1	
SOFT FLOUR TACO: ELE	servings	1	19.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	2.67
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	8.72
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
BUG BITES	BAG	1	21.0
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			124.51
% of Calories			48.7%
Nutrient Guideline			

Wed - 12/15/2021			
ELEMENTARY LUNCH	Total	8240	
HAM : ELEM	2OZ.	8240	0.0
SCALLOPED POTATOES:ELE	1/2 CUP	1	23.99
ROLL: 2 OZ SCHOOL MADE	ROLL	6000	27.1
SUNSHINE CARROTS 1/2 CUP	1/2 C SERVING	4500	9.34
CAKE, JELLO	SLICE	5000	21.29
FRUIT BAR :ELEMENTARY	1/2 CUP	5000	14.48
MARGARINE REDDIES: (1)	1 Patty	2500	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	6592	20.0
MILK 1% WHITE	CARTON	1638	13.0
Weighted Daily Average			65.12
% of Calories			59.4%
Nutrient Guideline			

Thu - 12/16/2021			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	3.6 OZ SERVING	1	19.0
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.48
NORMANDY VEGETABLES 3/4 C	3/4 CUP	1	3.75
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	9.53
COOKIE, COWBOY	1 oz.	1	29.34
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			125.58
% of Calories			55.6%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Washington County School District

Dec 1, 2021 thru Dec 21, 2021

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 5

Generated on: 11/29/2021 10:08:51 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 12/17/2021			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	6.31
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			101.78
% of Calories			49.3%
Nutrient Guideline			

Mon - 12/20/2021			
ELEMENTARY LUNCH	Total	1	
MINI CORN DOG NUGGETS (ELEM)	4 EACH	1	20.0
TATER GEMS	SERVING	1	24.0
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
FRUIT, CANNED OPTION	1/2 C SERVING	1	16.25
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
SWEET CAKE	SERVING	1	44.83
MILK : CHOCOLATE MILK FAT FREE	CARTON	1	20.0
MILK 1% WHITE	CARTON	1	13.0
Weighted Daily Average			163.01
% of Calories			62.6%
Nutrient Guideline			

Tue - 12/21/2021			
ELEMENTARY LUNCH	Total	8345	
NACHO BITES-ELE	8 BITES	8345	32.0
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	3730	8.72
FRUIT BAR :ELEMENTARY	1/2 CUP	1	14.48
MAPLE BITES, WG (2)	2 MAPLE BITES	1	26.0
SALSA PICANTE	1 OZ	3821	1.4
MILK : CHOCOLATE MILK FAT FREE	CARTON	7438	20.0
MILK 1% WHITE	CARTON	897	13.0
Weighted Daily Average			55.77
% of Calories			46.8%
Nutrient Guideline			

Weighted Average			117.19
			53.4%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	117.19	53.37%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.