

Washington County School District

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT
BREAKFAST K-7

Portion Values - Detailed

Page 1

Generated on: 3/18/2021 12:09:43 PM

| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| Thu - 04/01/2021 | | | |
| K-7 BREAKFAST MENU | Total | 1 | |
| YOGURT: UPSTATE FARMS | SERVING | 1 | 19.0 |
| UBR- OATMEAL CHOCOLATE CHIP | 1 EACH | 1 | 43.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| CINNAMON APPLESAUCE CUPS | 1 EACH | 1 | 14.0 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 131.51 |
| % of Calories | | | 74.8% |
| Nutrient Guideline | | | |

| | | | |
|--------------------------------|----------|---|--------|
| Tue - 04/06/2021 | | | |
| K-7 BREAKFAST MENU | Total | 1 | |
| APPLE CINNAMON TOAST, WG | SERVINGS | 1 | 45.0 |
| PEACH CUPS -DICED | 1 CUP | 1 | 18.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| PEACH CUPS -DICED | 1 CUP | 1 | 18.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 136.33 |
| % of Calories | | | 76.9% |
| Nutrient Guideline | | | |

| | | | |
|--------------------------------|----------|---|-------|
| Wed - 04/07/2021 | | | |
| K-7 BREAKFAST MENU | Total | 1 | |
| TORNADO-EGG, SAUSAGE, CHEESE | TORNADO | 1 | 22.0 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| SALSA PICANTE | 1 OZ | 1 | 1.4 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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BREAKFAST K-7

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 126.53 |
| % of Calories | | | 74.1% |
| Nutrient Guideline | | | |

| Thu - 04/08/2021 | | | |
|--------------------------------|----------|---|--------|
| K-7 BREAKFAST MENU | Total | 1 | |
| YOGURT VAN. PEACH PARFAIT | PARFAIT | 1 | 59.39 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| CINNAMON APPLESAUCE CUPS | 1 EACH | 1 | 14.0 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 141.91 |
| % of Calories | | | 77.9% |
| Nutrient Guideline | | | |

| Fri - 04/09/2021 | | | |
|--------------------------------|---------|---|-------|
| K-7 BREAKFAST MENU | Total | 1 | |
| SPRINKLED DONUT: SFE | 1 EACH | 1 | 31.0 |
| PEAR CUPS- CUP -DICED | 1 CUP | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Combined: K-7 BREAKFAST MENU/ALT
BREAKFAST K-7

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| PEAR CUPS- CUP -DICED | 1 CUP | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 130.33 |
| % of Calories | | | 75.1% |
| Nutrient Guideline | | | |

| Mon - 04/12/2021 | | | |
|--------------------------------|---------|---|--------|
| K-7 BREAKFAST MENU | Total | 1 | |
| PANCAKES | BAG | 1 | 39.5 |
| SYRUP | 1 EA | 1 | 4.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| CINNAMON APPLESAUCE CUPS | 1 EACH | 1 | 14.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| CINNAMON APPLESAUCE CUPS | 1 EACH | 1 | 14.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 131.58 |
| % of Calories | | | 78.0% |
| Nutrient Guideline | | | |

| Tue - 04/13/2021 | | | |
|--------------------------------|----------|---|-------|
| K-7 BREAKFAST MENU | Total | 1 | |
| PANCAKE CORNDOGS | SERVINGS | 1 | 18.04 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| PEACH CUPS -DICED | 1 CUP | 1 | 18.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| SYRUP | 1 EA | 1 | 4.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Combined: K-7 BREAKFAST MENU/ALT
BREAKFAST K-7

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| PEACH CUPS -DICED | 1 CUP | 1 | 18.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 124.85 |
| % of Calories | | | 70.9% |
| Nutrient Guideline | | | |

| Wed - 04/14/2021 | | | |
|--------------------------------|----------|---|--------|
| K-7 BREAKFAST MENU | Total | 1 | |
| BREAKFAST TAC-GO | TACO | 1 | 14.0 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| SALSA PICANTE | 1 OZ | 1 | 1.4 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 122.53 |
| % of Calories | | | 71.8% |
| Nutrient Guideline | | | |

| Thu - 04/15/2021 | | | |
|--------------------------------|-------------|---|-------|
| K-7 BREAKFAST MENU | Total | 1 | |
| MIXED BERRY SMOOTHIE: ELE | SERVING:8oz | 1 | 39.63 |
| BUG BITES | BAG | 1 | 21.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |

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Combined: K-7 BREAKFAST MENU/ALT
BREAKFAST K-7

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| CINNAMON APPLESAUCE CUPS | 1 EACH | 1 | 14.0 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 130.83 |
| % of Calories | | | 76.7% |
| Nutrient Guideline | | | |

| Fri - 04/16/2021 | | | |
|--------------------------------|---------|---|--------|
| K-7 BREAKFAST MENU | Total | 1 | |
| CRESCENT, FILLED | 1 EACH | 1 | 36.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| PEAR CUPS- CUP -DICED | 1 CUP | 1 | 19.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| PEAR CUPS- CUP -DICED | 1 CUP | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 132.83 |
| % of Calories | | | 77.1% |
| Nutrient Guideline | | | |

| Mon - 04/19/2021 | | | |
|--------------------------------|----------|---|-------|
| K-7 BREAKFAST MENU | Total | 1 | |
| FRENCH TOAST STICKS | 2 sticks | 1 | 38.0 |
| SYRUP | 1 EA | 1 | 4.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| CINNAMON APPLESAUCE CUPS | 1 EACH | 1 | 14.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |

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BREAKFAST K-7

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| CINNAMON APPLESAUCE CUPS | 1 EACH | 1 | 14.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 130.83 |
| % of Calories | | | 76.5% |
| Nutrient Guideline | | | |

| Tue - 04/20/2021 | | | |
|--------------------------------|---------|---|--------|
| K-7 BREAKFAST MENU | Total | 1 | |
| FIESTA CHEESE OMELET | 1 EA | 1 | 1.0 |
| SAUSAGE LINK - CLOVERDALE | SERVING | 1 | 2.0 |
| TOAST | SLICE | 1 | 14.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| PEACH CUPS -DICED | 1 CUP | 1 | 18.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| PEACH CUPS -DICED | 1 CUP | 1 | 18.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 122.33 |
| % of Calories | | | 60.7% |
| Nutrient Guideline | | | |

| Wed - 04/21/2021 | | | |
|--------------------------------|----------|---|-------|
| K-7 BREAKFAST MENU | Total | 1 | |
| MAPLE SANDWICH | SERVINGS | 1 | 45.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |

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Portion Values - Detailed

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| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 137.33 |
| % of Calories | | | 77.4% |
| Nutrient Guideline | | | |

| Thu - 04/22/2021 | | | |
|--------------------------------|----------|---|--------|
| K-7 BREAKFAST MENU | Total | 1 | |
| YOGURT: UPSTATE FARMS | SERVING | 1 | 19.0 |
| UBR- OATMEAL CHOCOLATE CHIP | 1 EACH | 1 | 43.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| CINNAMON APPLESAUCE CUPS | 1 EACH | 1 | 14.0 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 131.51 |
| % of Calories | | | 74.8% |
| Nutrient Guideline | | | |

| Fri - 04/23/2021 | | | |
|--------------------------------|---------|---|-------|
| K-7 BREAKFAST MENU | Total | 1 | |
| CINNAMON ROLL W. W.W. BRIDGFOR | ROLL | 1 | 35.0 |
| PEAR CUPS- CUP -DICED | 1 CUP | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| PEAR CUPS- CUP -DICED | 1 CUP | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |

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BREAKFAST K-7

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Carb (g) |
|------------------------|--------------|-----------|----------|
| Weighted Daily Average | | | 132.33 |
| % of Calories | | | 77.3% |
| Nutrient Guideline | | | |

| Mon - 04/26/2021 | | | |
|--------------------------------|---------|---|--------|
| K-7 BREAKFAST MENU | Total | 1 | |
| WAFFLE, BC | WAFFLE | 1 | 12.0 |
| SYRUP | 1 EA | 1 | 4.0 |
| CINNAMON APPLESAUCE CUPS | 1 EACH | 1 | 14.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| CINNAMON APPLESAUCE CUPS | 1 EACH | 1 | 14.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 117.83 |
| % of Calories | | | 78.0% |
| Nutrient Guideline | | | |

| Tue - 04/27/2021 | | | |
|--------------------------------|----------|---|--------|
| K-7 BREAKFAST MENU | Total | 1 | |
| APPLE CINNAMON TOAST, WG | SERVINGS | 1 | 45.0 |
| PEACH CUPS -DICED | 1 CUP | 1 | 18.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| PEACH CUPS -DICED | 1 CUP | 1 | 18.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 136.33 |
| % of Calories | | | 76.9% |
| Nutrient Guideline | | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Washington County School District

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT
BREAKFAST K-7

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| Wed - 04/28/2021 | | | |
| K-7 BREAKFAST MENU | Total | 1 | |
| TORNADO-EGG, SAUSAGE, CHEESE | TORNADO | 1 | 22.0 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| SALSA PICANTE | 1 OZ | 1 | 1.4 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 126.53 |
| % of Calories | | | 74.1% |
| Nutrient Guideline | | | |

| | | | |
|--------------------------------|----------|---|--------|
| Thu - 04/29/2021 | | | |
| K-7 BREAKFAST MENU | Total | 1 | |
| YOGURT VAN. PEACH PARFAIT | PARFAIT | 1 | 59.39 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| CINNAMON APPLESAUCE CUPS | 1 EACH | 1 | 14.0 |
| MIXED FRUIT CUP | SERVINGS | 1 | 19.0 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 141.91 |
| % of Calories | | | 77.9% |
| Nutrient Guideline | | | |

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Washington County School District

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

Combined: K-7 BREAKFAST MENU/ALT
BREAKFAST K-7

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| Fri - 04/30/2021 | | | |
| K-7 BREAKFAST MENU | Total | 1 | |
| SPRINKLED DONUT: SFE | 1 EACH | 1 | 31.0 |
| PEAR CUPS- CUP -DICED | 1 CUP | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| ALT BREAKFAST K-7 | Total | 1 | |
| BREAKFAST CEREAL-ALL | BOWL | 1 | 23.0 |
| TOAST | SLICE | 1 | 14.0 |
| JELLY: VARIETY PACK | PC | 1 | 9.4 |
| PEAR CUPS- CUP -DICED | 1 CUP | 1 | 19.0 |
| BREAKFAST FRUIT BASKET: ELE | 1/2 CUP | 1 | 23.63 |
| JUICE : VARIETY SUNCUP | BOX | 1 | 16.0 |
| MILK : CHOCOLATE MILK FAT FREE | CARTON | 1 | 20.0 |
| MILK 1% WHITE | CARTON | 1 | 13.0 |
| Weighted Daily Average | | | 130.33 |
| % of Calories | | | 75.1% |
| Nutrient Guideline | | | |

| | | | |
|------------------|--|--|-----------------|
| Weighted Average | | | 130.83 75.0% |
|------------------|--|--|-----------------|

| Nutrient | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Carbohydrate (g) | 130.83 | 74.99% | | | | | | |

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