
New Quarantine Guidelines Effective Jan. 4, 2021

1 message

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Thu, Dec 17, 2020 at 3:19 PM

Dear Parents,

The State of Utah has shortened the length of time required for direct exposure quarantine. The new standards will be going into effect January 4, 2021, and are as follows:

- **For Direct Exposure at School or a School Related Activity:**
 - Provided both parties were wearing masks (not face shields), those who have had direct exposure (have been within 6 feet for 15 minutes or more) at school, are not required to quarantine.
 - Parents will continue to be notified of the exposure, but the child may continue to attend school provided they are not exhibiting any symptoms of COVID-19.
- **For Direct Exposure Outside of School:**
 - Provided both parties were wearing masks, those who have had direct exposure (have been within 6 feet for 15 minutes or more) to someone with whom they do not live, may get tested 7 days after exposure and return to school/work with negative test results.
 - If they choose not to test, they must quarantine for a maximum of 10 days.
- **For Exposure to Someone with Whom You Live:**
 - Those who live with someone who has tested positive for COVID-19 must quarantine for 10 days from the last day the positive person exhibits symptoms.
 - Quarantine may not begin until all people in the home have stopped exhibiting symptoms.
 - If a second person tests positive, the quarantine period starts over.
- **For Positive Test Results:**
 - People who test positive for COVID-19 must isolate for 10 days from the date symptoms first manifested, or 10 days from the testing date - whichever is earlier.
 - Additionally, people recovering from positive test results must be fever free for 24 hours, and their respiratory symptoms need to have resolved for 24 hours.

The official document can be found here:

https://www.washk12.org/images/blog/coronavirus_info/care_booklet_english_1.pdf