



Asian Food Solutions®

NUTRITION . TASTE . VALUE

General Tso's Chicken WG

Product Code: 72003

GTIN# 00856235005026

INGREDIENTS:

Diced Chicken Leg Meat, Water, Sodium Phosphates. **BATTERED AND BREADED WITH:** Whole Wheat Flour, Water, Corn Starch, Salt, Modified Corn Starch, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Dextrose, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Garlic Powder, Onion Powder, Spices, Extractives of Paprika, Spice Extractives. **PREDUSTED WITH:** Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whole Wheat Flour, Wheat Gluten, Dried Egg Whites, Salt, Sodium Acid Pyrophosphate, Leavening (Sodium Bicarbonate), Extractives of Paprika. **GENERAL TSO'S SAUCE:** Sugar, Water, Soy Sauce (Water, Soybeans, Salt, Wheat Flour), White Distilled Vinegar, Contains Less Than 2% Of Modified Corn Starch, Onion Powder, Garlic Powder, Sesame Seeds, Chili Peppers, Spices, Sesame Oil, Safflower Oil, Citric Acid, Sodium Citrate, Xanthan Gum, Cultured Dextrose, Natural Flavors (Milk).

CONTAINS: WHEAT, EGGS, MILK, SOY, AND SESAME.

Nutrition Facts	
176 servings per container	
Serving size	3.9 oz (110.56g)
Amount per 3.9 oz (110.56g)	
Calories	210
% Daily Value*	
Total Fat 7g	8%
Saturated Fat 1g	6%
Trans Fat 0g	
Polyunsaturated Fat 3g	
Monounsaturated Fat 1.5g	
Cholesterol 45mg	15%
Sodium 460mg	20%
Total Carbohydrate 25g	9%
Dietary Fiber 1g	5%
Total Sugars 13g	
Includes 13g Added Sugars	26%
Protein 12g	
Vit. D 0mcg 0%	Calcium 10mg 0%
Iron 0.8mg 4%	Potas. 170mg 4%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

PACKAGING:

Pack Size:	6 x 5 lb. chicken & 6 x 2.15 lb. sauce
Serving Size:	3.9 oz.
Servings per Case:	176 Servings
Case Dimensions:	17.25" x 13.25" x 13.13"
Case Cube:	1.74
Weight:	42.90 lbs. (Net); 44.55 lbs. (Gross)
Ti x Hi:	8 x 6

SHELF LIFE: Frozen 18 months at 0°F +/- 10°F.

BASIC HEATING INSTRUCTIONS:

Per (1) 5 lb. bag of breaded chicken pieces & (1) 2.15 lb. bag of sauce.

BREADED CHICKEN PIECES

Convection/Conventional oven (Best)
Pre-heat oven to 350F/400F. Spread chicken pieces evenly on a sheet pan with parchment paper. Bake frozen in oven for 40-45 minutes until golden brown and crispy.

SAUCE IN BAG (Product must be thawed)

Boil in Bag/Steamer (Best)
Place entire sauce in bag into hot boiling water or steamer for 10-12 minutes or until content is 165°F.
Microwave (Good) - Place entire sauce in bag into microwave for 3 minutes or until content is 165°F.

SERVING

Equipment and times may vary. Use thermometer to ensure food temperature is 165°F or above. Place hot chicken in a serving pan. Pour hot sauce over chicken. Gently combine chicken with sauce and serve. #12 scoop is recommended. Portioning size may vary by individual practice.

CN Equivalency = 2 M/MA & 0.5G (Serving size = 3.9oz)

R.10.17.23