



MANUFACTURED FOR:

ITEM 5012/5012W

MED HONEY WHOLE GRAIN CAKE DONUT

Nutrition Facts

Serving Size 1 Donut (71g)

Amount Per Serving

Calories 250 **Calories from Fat 90**

	% Daily Value*	
Total Fat 11g		17%
Saturated Fat 5g		25%
Trans Fat 0g		
Cholesterol 20mg		7%
Sodium 250mg		10%
Total Carbohydrate 38g		13%
Dietary Fiber 2g		8%
Sugars 25g		
Protein 2g		

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

DONUT MIX (WHITE WHOLE WHEAT FLOUR, ENRICHED BLEACHED WHEAT FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, AND FOLIC ACID], SUGAR, DEXTROSE, SOY FLOUR, SOYBEAN OIL, NONFAT DRY MILK, LEAVENING [SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, GLUCONO DELTA LACTONE], CONTAINS 2% OR LESS OF: SPICE, DRIED HONEY [HONEY, WHEAT STARCH, CALCIUM STEARATE, CANOLA LECITHIN], SOY LECITHIN, SALT, EMULSIFIER [MONO- AND DIGLYCERIDES, CITRIC ACID], WHEAT STARCH, DRIED EGG YOLK),

WATER, PALM OIL, GLAZE BASE (SUGAR, MALTODEXTRIN, CELLULOSE GUM),

RAINBOW SPRINKLES (SUGAR, CORN STARCH, HYDROGENATED PALM KERNEL OIL, SOYA LECITHIN, GUM ARABIC, CONFECTIONER'S GLAZE, YELLOW #6 LAKE, YELLOW #5, YELLOW #5 LAKE, BLUE #1 LAKE, RED #40 LAKE, RED #3),

CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: POWDERED SUGAR, SOYBEAN OIL, NATURAL AND ARTIFICIAL FLAVORS (MILK).

CONTAINS: WHEAT, MILK, SOY, EGG

Contains Bioengineered Food Ingredients

1.0 Gram/Bread Servings

Case Contains 4; 18 packs (72 donuts)