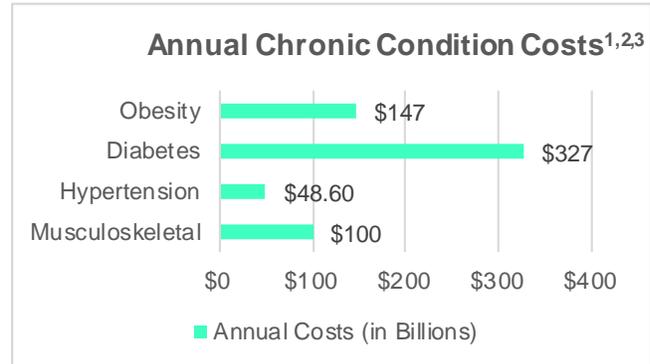




Digital support for common and high-cost conditions

Every year, chronic illnesses and injuries among the U.S. workforce cost employers billions of dollars due to absences, lost or reduced productivity, hospitalization, medical care, treatment/ supplies and other costs.⁴ Many in your population live with a chronic condition and need you to enable them to take better control of their condition and achieve improved health outcomes. You can improve the patient experience—and even care outcomes—while lowering cost.



Evidence-based care for long-term health outcomes

Through the **Evernorth Digital Health Formulary** we are helping to address your plan’s most pressing challenges by evaluating digital health solutions to partner with the most clinically effective digital care providers out there. Omada Health is offering evidence-based care for members faced with the challenges of prediabetes and cardiometabolic risk, diabetes, hypertension and musculoskeletal conditions.

Omada® for Prediabetes & Weight Management*	Omada® for Diabetes*	Omada® for Hypertension*	Omada® for Musculoskeletal
+ Prediabetes + Cardiometabolic Risk	+ Type 1 Diabetes + Type 2 Diabetes	+ Hypertension	+ Injury Prevention + Acute & Chronic Pain

**Preferred on The Evernorth Digital Health Formulary for having key differentiators such as a cellular-connected scale, peer-to-peer support groups, most favored pricing and significant performance guarantees.*

Omada provides personalized experiences based on a members care plan (including medications and complications) and unique health goals. By combining the latest behavior science and clinical protocols, **Omada provides a unique member experience that encourages better, lasting health behaviors.** Plans will see better employee engagement and long-term health outcomes with Omada.



When appropriate, Omada coaches can refer participants to **Express Scripts Therapeutic Resource® pharmacists** to help them optimize their medication regimens as appropriate by providing additional support. This leads to smarter medication management by minimizing condition-specific complications and limits disease progression, reducing medical and Rx spend.

By centering their programs around behavior change and following clinical best practices, Omada and Express Scripts help members change their mindset and activate them to take control of their own health. 

What your members get with Omada:

PROFESSIONAL HEALTH COACH

Paired with a compassionate, proactive coach that is skilled in managing a member's specific condition.

A SCIENCE-BASED CURRICULUM

Always accessible engaging lessons focus on knowledge and skills that build members self-efficacy around managing their condition.

CELLULAR-CONNECTED DEVICE

A care management app that syncs to condition-specific tools members are empowered to better manage their condition.

STRINGENT MEMBER PRIVACY

Everything shared between members and their care team is protected under HIPAA, just like at a doctor's office.



Purposeful engagement, powerful outcomes

On average, members engage 31X per week.⁵ By keeping your members engaged, Omada is able to enable lasting change, meaningful outcomes and cost savings across your full member population.

Omada® for Prediabetes & Weight Management	Omada® for Diabetes	Omada® for Hypertension	Omada® for Musculoskeletal
5.5% weight loss at 12 Months achieved by participants ⁶	1.1% average reduction in A1C level for members with a baseline A1C ≥ 7% (or not at goal) ⁷	41% decreased chance of stroke by lowering their systolic pressure by 10 points (diastolic by 7 points) ⁸	61% decrease in pain experienced by participants ⁹
SAVINGS PER MEMBER PER YEAR*			
\$1,169	\$1,358 - 2,555	\$812 - 1,981	\$640 - 1,800

Evernorth is proud to offer clinical guarantees for Omada programs, reach out to your account team about pricing for your plan. Our partnership is further enhanced by our simple, end-to-end contracting through Express Scripts, an Evernorth company, and personalized support via our Therapeutic Resource Centers®. **To learn about supporting your members with this highly effective and accessible path to care contact your account team and ask about Omada Health.**

* Omada offers Performance Guarantees with enrollment in their Prevention, Diabetes, and Hypertension Program(s). Actual savings may vary by population.

1. Economic Costs of Diabetes in the U.S. in 2017. [American Diabetes Association](#) 2. Diabetes and Prediabetes. [Centers for Disease Control and Prevention](#) 3. [Northeast Business Group on Health](#), 2017 4. Health and Economic Costs of Chronic Diseases. [CDC](#) 5. Effects of a Digital diabetes prevention program- An RCT. April 2021- April 2022, Source 6. Katula J, Dressler E, Kittel C, et al. Effects of a Digital Diabetes Prevention Program : AN RCT. EPUB Feb 2022. 7. Among patients reporting both a baseline & follow-up A1C value from self-report lab data or mailed A1C test kit. Baseline A1C ≥7 (n=71); Baseline A1C. Omada book of business data 8. From average 7 month blood pressure reduction by baseline - insights from a subset of Omada's book of business participants 9. [Omada](#) book of business data

